

Questing Quill

Newsletter for the Barony of Loch Salann in the
Kingdom of Artemisia

AS LVII June 2022





This is the Questing Quill, published by and for the members of the Barony of Loch Salann of the Society for Creative Anachronism, Inc.

The Questing Quill is now being published quarterly as an online PDF and is available to all members of the Barony at no charge. This is not a corporate publication of the SCA and does not delineate SCA policies.

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3. You must send a letter to the Chronicler, stating which articles have been used and where they are being reprinted.

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Submissions are not only welcome, they are encouraged! Be a part of the newsletter, reach the people, share your knowledge and wisdom.

Please send all submissions to the Chronicler at chronicler@loch-salann.org.
Please include Questing Quill in the subject line. Thank you!

Baronial Populace Meeting

Here Ye, here ye! Their Excellencies of the Barony of Loch Salann invite you to the Baronial Populace Meeting, the second Wednesday of each month!

Due to Covid-19, all meetings will be web-based. Meetings will be posted with information and links for joining.

Baronial Populace Meetings offer the populace the unique opportunity to not simply witness, but participate in the running of the Barony, and the direction for its future.

While the global pandemic has affected us all, every voice still matters in this Barony. Meetings may be accessed online via PC, or your smart phone. Please see the Baronial Facebook Page for the most up to date information.

Your thoughts matter! As a member of the populace, the leadership needs to hear from you. By understanding how the Baron and Baroness, Seneschal, and all Baronial officers' function, you can better learn how you can participate in the workings of the Barony.

The Dream doesn't happen without you. Come help and be a part in making the Dream of Loch Salann real!



The Knights Templar Longevity Diet

By, Lady Alix D'Orleans (Jessica Edwards)

Average life span in the 13th century for men was 31 years but those who made it to age 20 their average life expectancy jumped to 48 years old. Many who took part in the crusades lived to 60 years old (of course those are the ones who didn't die from fighting). Of those fewer succumbed to illness than their contemporaries back home, Scientists now believe this was due to their strict dietary rules. Back home the average middle to wealthy income person's diet was very rich in fat and calories, which caused several diseases (like diabetes, gout, high blood pressure, and obesity which caused other problems which decreased the average life span).

Those that were in the crusades had to follow the rules in a rulebook called the Primitive Rule of the Templars established by the Bernard of Clairvaux Latin Rule and drew from the teachings of the saints Augustine and Benedict. These rules were similar to that of Cistercian monks from the Benedictine order of which the Knights Templar were related to. The rules said they had to follow a vow of poverty, chastity, and obedience (the rules also suggested that they should also refrain from speaking to women—so this and the vow of chastity lowered the potential of acquiring a sexually transmitted disease). One of the resources below went on to say, “The knights were to protect orphans, widows, and churches; eschew the company of ‘obviously excommunicated’ men; and not stand up in church when praying or singing.



The Knights Templar Longevity Diet

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Even sumptuary laws prioritized humbleness: Their monk's habits were one color alone, though on warm days between Easter and Halloween, the rules decreed, they could wear a linen shirt (thus helping in the heat of the area)", were additional rules to follow along with a rule that insisted on the men washing their hands before they ate or prayed and were instructed to wash their bodies and change their clothing frequently.

It went on to order the knights to eat with a companion and share their bowl silently with, "table items were to be passed quietly and privately... with all humility and submission." Part of the reason for the companion was that they were to monitor their companion, making sure they did not over or under eat. After eating, everyone sat in silence and gave thanks and scraps of bread were collected and given to the needy and some loaves were set aside for future meals.

Their diet alternated days that were meatless and those days meat was served (usually beef, ham, or bacon but may include hare, wild boar, partridges, deer, sheep, goats, and camel all found in the Middle East). The day that had almost always had meat was the Sabbath and it was available for both the afternoon and evening meals. These rules were found in Rule 26:

"On the Eating of Meat: It should be sufficient for you to eat meat three times a week, except at Christmas, All Saints, the Assumption, and the feast of the twelve apostles.



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For it is

understood that the custom of eating flesh corrupts the body. But if a fast when meat must be forgone falls on a Tuesday, the next day let it be given to the brothers in plenty. And on Sundays all the brothers of the Temple, the chaplains and the clerks shall be given two meat meals in honor of the holy resurrection of Jesus Christ. And the rest of the household, that is to say the squires and sergeants, shall be content with one meal and shall be thankful to God for it."

Rule 27: "On Weekday Meals: On the other days of the week, that is Mondays, Wednesdays and even Saturdays, the brothers shall have two or three meals of vegetables or other dishes eaten with bread; and we intend that this should be sufficient and command that it should be adhered to. For he who does not eat one meal shall eat the other." This rule meant meat was not eaten on Wednesday, Friday, or Saturday, one of the numerous holy days, holidays, and saint's days and meals generally consisted of bread, milk, eggs, cheese, grains, fruits, legumes, potage, made with oats or pulses, gruels, or fiber-rich vegetable stews.

On Fridays they always had fish and/or seafood instead of land animals as part part of a Lenten fast and dairy or egg substitutes made from almond milk (as no eggs, milk, or other animal products are allowed in this type of fast) and was related in Rule 28: "On Friday Meals: On Fridays, let Lenten meat be given communally to the whole congregation, out of reverence for the passion of Jesus Christ;



The Knights Templar Longevity Diet

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and you will fast from All Saints until Easter, except for Christmas Day, the Assumption and the feast of the twelve apostles. But weak and sick brothers shall not be kept to this. From Easter to All Saints they may eat twice, as long as there is no general fast.” The rules on fasting on Fridays and for certain special days decreed were from the Catholic Church and was supposed to have come from the Bible.

Their diet was supplemented with wine in moderate quantities and was diluted with either plain water or an aloe pulp and water mixture (allegedly a potent cocktail of antiseptic aloe vera, hemp, and palm wine, known as the Elixir of Jerusalem, which was believed to have helped accelerate healing from injuries).

The limiting on the amount of grilled meat reduced the exposure to carcinogens which reduce the likelihood of cancer which helped with the other food being grown without our “modern chemicals” and were locally grown. The only men that were not held to these rules were the weak and sick who abstained from these fasts and received “meat, flesh, birds, and all other foods which bring good health,” that allowed them to return them to fighting shape as quickly as possible.

One final rule said that you were not allowed to crusade or joust on an empty stomach the jousting during a crusade was done for training and not as a sport for entertainment thus reducing potential problems from low blood sugar we now know.



The Knights Templar Longevity Diet(Sources)

Gastro Obscura: A Food Adventurer's Guide by Cecily Wong and Dylan Thuras; New York, N.Y.; 2021

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<https://www.realmofhistory.com/2016/04/09/knight-templars-lived-long-controlled-healthy-diets/>

<https://medium.com/exploring-history/what-did-they-eat-the-knights-templar-for-god-and-grain-340483bf2407>

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[https://www.dldjournalonline.com/article/S1590-8658\(14\)00312-0/fulltext](https://www.dldjournalonline.com/article/S1590-8658(14)00312-0/fulltext)

The Orb: On-line Reference Book for Medieval Studies.

Military Orders: The Primitive Rule of the Templars. J.M. Upton-Ward 1992; http://www.the-orb.net/encyclop/religion/monastic/t_rule.html November 4, 2011.

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STLCC.Edu. Crusader Dietary Information;

<http://users.stlcc.edu/mfuller/sca/DietCrusader2.html>.

November 4, 2011.

Medieval Meal Picture;

https://www.ifood.tv/network/medieval_meal. November 4, 2011.

Dragon's Tear

July 9th, Stan Wym



Stan Wym Awakethl He beckons the populace of Artemisia to an event of wondrous proportion. The summertime event is on July 9th, 2022 at Giant Springs park. Be prepared for Heavy and Rapier showmanship. The mightiest will be crowned Champion to guard against the awakening Dragon.

We will hold our Rapier and Heavy Tournaments on site. Please contact the Autocrat for details on Classes, We endeavor to have something for everyone.

All those of a Bardic Prowess come and show your skill, For a new champion must be selected to Lull the dragon to sleep.

Please note that at this time Thrown Weapons and Archery will not be held, but may change pending permissions. Watch for FB Announcements.

A food truck is planned for the event. More information to come. Site fee 10.00 for members, 15 for non-members. Children under 18 are guests of the shire.

Site: Giant Springs State Park, Heritage Picnic Area: 74803 Giant Springs RD, Great Falls MT 59405

Although the SCA complies with all applicable laws to ensure the health and safety of our event participants, we cannot eliminate the risk of exposure to infectious diseases during in-person events. By participating in the in-person events of the SCA, you acknowledge and accept the potential risks.



Dragon's Tear

July 9th, Stan Wym



You agree to take any additional steps to protect your own health and safety and those under your control as you believe to be necessary.

To comply with Montana Legislation masks must be worn unless eating or drinking, fighting or speaking in court, then must be replaced within a reasonable period of time.



Lamastide and Investiture August 6th, Gryphon's Lair



As war rages around the Kingdoms and Society, the denizens of the Lair begin to celebrate the first harvests of grain. As the Baron and Baroness prepare to step down, the successors to their Excellencies prepare to celebrate their Investiture with tournaments, bardic performances, and many other exciting activities. Come join the Barony of Gryphon's Lair on August 6th, 2022 as we celebrate the Investiture of the ninth Baronage of Gryphon's Lair. As we await the Investiture, we ask any bards to come forth and entertain the denizens of the Lair as well as the outgoing Baron and Baroness with a bardic prize tournament. This harvest season will be celebrated with heavy and rapier combat prize

tournaments with some special rules. Fighters planning on participating should bring their best and favorite single handed weapons. The artists of our Kingdom are also invited to compete in a prize tournament. Considering our first harvest of grain we invite all artists to create something for this competition with the harvest theme in mind. Any artist wanting to teach a class should contact Rekebah at artsandsciences@gryphonslair.org. There will be a goods and services silent auction for a fundraiser for this event. Please contribute an SCA-related goods or services to be auctioned off and come prepared to bid at this amazing Baronial fundraiser.



Lamastide and Investiture August 6th, Gryphon's Lair



Site opens at 9 a.m. and closes at 8 p.m. Setup begins at 8 a.m.

The schedule of events will be determined by the new Baronage.

The site is DRY.

Pets must be on leashes and cleaned up after by the owners.

Site Fees:

Adult registration fee: \$15

Member registration fee: \$10

Children under 18 are guests of the Barony

Make checks payable to Barony of Gryphon's Lair, SCA, Inc.

SCARS will be available for online advanced payment

Vendors:

Each vendor is required to have a temporary Special Public or Civic Event License. Call Ogden City at 801-629-8687 for more information.

Site Directions:

Lorin Farr Park

769 Canyon Rd, Ogden, UT 84404

Take your quickest route to I-15

Follow I-15 N to UT-53

E/Pennsylvania Ave in Ogden. Take exit 342 from I-15 N

Follow UT-53 E, E

Washington Blvd and Park Blvd to your destination

Autocrat: Eys Galster (Mundanely known as: Quin Geilman)

Email: eys.galster@gmail.com

Phone: 801-648-5266

(Please contact via email or text message)

Co-autocrat: Lord Rodrigo Castillio De Leon

(Mundanely known as: Alex Alvarez)



Lamastide and Investiture August 6th, Gryphon's Lair



Health And Safety Notice

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Conquest of the Wastelands

August 12th-14th

Bronzehelm



Nobles of Artemisia, the Barony of Bronzehelm welcomes you to join us at Conquest of the Wastelands, August 12th-14th. Located at the beautiful Swift River Ranch in Billings Montana, there will be camping, fighting, equestrian, the Viking pentathlon, the Baronial Bardic championship, and much more to come! Site will open at noon on Friday, August 12th, and close at noon on Sunday the 14th.

Autocrat: THL Rachel Kleinmüller (Rachel Miller); 406-855-0618; r4ch3l.miller@gmail.com ([link sends e-mail](#))

Registration: Adult Event
Registration \$15;
Adult Member Discount
Event Registration \$10.

Youth under 18 years old are guests of the Barony.

Make checks payable to SCA Inc., Barony of Bronzehelm

Directions from the Billings MT area headed west:

From I-90 take exit 443 for Zoo Drive. Turn left onto Zoo Drive (MT Hwy 302).

You will see signs for South Frontage road. Turn right South Frontage road and continue straight on South Frontage Road. Turn left onto Duck Creek Road. The road will curve to the right; continue and take the next left onto Duck Creek Road. Swift River Ranch will be on the left.

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Conquest of the Wastelands

August 12th-14th

Bronzehelm



Directions from Bozeman, MT headed east: From I-90 take exit 437/Zoo Drive. Turn right toward South Frontage Road and continue straight on South Frontage Road. Turn left onto Duck Creek road. The road will curve to the right; continue and take the next left onto Duck Creek Road. Swift River Ranch will be on the left.

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You agree to take any additional steps to protect your own health and safety and those under your control as you see necessary. As a reminder per direction of the Crown, Masks are required at all indoor events.

Masks must be worn at all times, in all indoor spaces EXCEPT when eating, drinking or fighting. Masks may be temporarily removed when eating, drinking, or fighting but must be resumed within a reasonable timeframe.

This Event is held and managed by the Kingdom of Artemisia, a branch of the Society for Creative Anachronism, Inc. and is considered the official presence of this group here.



Conquest of the Wastelands

August 12th-14th

Bronzehelm



Questions regarding its content should be directed to:

r4ch3l.miller@gmail.com

socialmedia@Artemisia.sca.org

or to socialmedia@sca.org



Whipping Winds 2022

August 18th-21st

Windegate

Good Nobles of Artemisia, the time to rally and protect our Shire of Windegate has come. Rumors tell that Avacal uses black magic and necromancy to raise an unholy army that approach our lands. We call upon the aid of all citizens of Artemisia to combat this Northern menace at our event Whipping Winds: The Resurrection August 18 -21, 2022!

Join the Shire of Windegate in the beautiful city of Shelby at the Williamson Park for war scenarios, the famed Sir Terrel's Booty Prize Tourney, the Shire Archery and Thrown Weapons Champion Tourney, camping and more to come!

Although the SCA complies with all applicable laws to try to ensure the health and safety of our event

participants, we cannot eliminate the risk of exposure to infectious diseases during in-person events. By participating in the in-person events of the SCA, you acknowledge and accept the potential risks. You agree to take any additional steps to protect your own health and safety and those under your control as you believe to be necessary.

Masks will be worn indoors at all times, or in crowded areas such as courts, merchant areas where or when it is necessary, like in private camping areas, classroom situations.

Masks are to be worn unless eating or drinking, fighting, but should be replaced within a reasonable time.



Whipping Winds 2022

August 18th-21st

Windegate

Site : Williamson Park (72 Williamson Park Road, Shelby MT 59474) Gate opens 10am on Thursday the 18th of August and closes 12pm on the 21st of August

This site is south of Shelby Montana on the Marias River. At this time of year, the Marias is a wonderfully slow-moving river that has room for wading and swimming. Parents are asked to keep a mindful eye on their children. There are shade trees, an area for RV's, a permanent playground, and a permanent building for toilet & fresh water. Fire restrictions will be dependent on Seasonal USF restrictions. Regretfully No pets allowed on site.

Fees:

Adults: \$35 (members \$30)

Day Trip: \$20 (members \$30)

Children under 17 are guests of the Shire

Directions: Take your best route on I-15 to Shelby Montana. Take Exit 358 and follow the road South 1 mile to Williamson Park Road. Turn left (East). This will be a dirt road. Signs will be posted to guide travelers. If you cross the river you have gone to far gone to far. Shelby is 7 miles north of site and has necessities such as groceries, gas, hotels, etc.

Event Staff :

Autocrat : Lord Dastan

Sahin (Hunter Barnes)

Knight Marshal: Sir Terrell

al-Qasab the Butcher



Raptor War XXXI

August 18th-21st

Arn Hold



With cautious optimism we call all to meet under the banner of friendship in the illustrious lands of the Golden Moose and celebrate the ending of plague mandates across the land while simultaneously showing our marshal prowess to the raiding barbarians!

In the time of our forebearers such momentous occasions were marked with great pomp and circumstance, grand tourneys of parades and chivalric deeds, to which we shall add our A&S displays, and bardic showings.

Come see our mighty warriors and artisans, bards and orators' polishes, painted, and bedeck in fashions of celebration.

Though the raids upon our shipments to and from our

Eastern cousins' harbors have lessened during the preceding years as our baronies have joined forces against them, it is time again to assemble upon the field of battle as both a warning to the swamp things and a show of commitment to our treaties. Raptor War is that annual show of commitment and a time for neighbors to congregate in the brotherhood. An opportunity to show that we are united even as our enemies plot and scheme to divide us. All are encouraged to wear their finery as we witness the skills our artisans have learned and cultivated during the long nights of isolation.

Raptor War XXXI

August 18th-21st

Arn Hold



Join us in greeting long unvisited friends, meeting new ones, and cheering our warriors as they display feats of heavy combat, rapier, and archery. It's a day for games and dance, singing and storytelling. The long winter has waned, and new life is upon us.

Food will not be provided by event coordinators.

There will be, at a minimum:

A&S displays

Assassins Tourney

Baron Armand Memorial

Baronial Rapier Champion

Baronial Warlord Champion

Bonfire Bardic

Classes

Deeds of Arms

Friends

Fundraising

Games

Iron Needle

Precession of the Flamboyant

Moose

Roaming Raptor Rapier

Rogue

Tournament

Royal Courts

Aug 26, 27, and 28

Site opens at 2pm on the 26th

Site closes at 12pm on the 28th

Hosted by Barony of Arn Hold

Niagara Springs State Park,
2136 Niagara Springs

Grade,

Wendell, ID 83355

Autocrat: Ambrose Norwich
(James

Packer) ambrosesemail@gmail.com (385) 283-1415

Make checks payable to

<SCA, Inc. – Barony of Arn Hold>

Raptor War XXXI

August 18th-21st

Arn Hold



Costs to attend fees:

- Adult Event Registration - \$15.00

- Adult Member

- Discount Event Registration - \$10.00

- Youth – free

- Fundraiser (SCA yard sale)

- State of Idaho parks and camping fees – (see below)

Note: Attendees must also pay the state park \$7 per car and \$14 per tent per night camping fees. Save money by sharing and consider purchasing an annual state park pass for your car through your local DMV for \$10 to avoid the \$7 per car fee. Very limited RV spots available through preregistration.

Directions: Make your way to Interstate 84, take exit 157 for ID-46 toward Wendell.

Turn right (south) onto Rex Leland Highway, turn left (east) onto E 3500 S then take the first right (south) onto Rex Leland Highway. Continue onto Niagara Springs Grade to the park entrance

COVID disclaimer:

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Harvest War

September 9th-11th

Côte du Ciel



The Harvest War is once again upon us. Nestled in the hold of the Box Elder Campground in Mantua, Utah, join us for joyous revelry with friends new and old. All your favorite Harvest War activities will be there as we seek to prove our valor through combat, and the pursuit of the arts and sciences. We hope to see you there on one of the last weekends before the ice and snow settle on our kingdom again.

When: September 9 – September 11, 2022
Site will open at 3pm on Friday, September 9th and closes at 12 Noon on Sunday, September 11, 2022
Where: Box Elder Campground, Mantua UT.

Take your best route to I-15.
Take exit 362 (1100 S US 89/91)

Turn east heading Towards Mantua/Logan.
After approx 4.5 miles take the Mantua Exit onto 100 S. Turn Right onto S. Park Drive and follow the signs to Box Elder Campground. The site is large and offers ample tree shade and a refreshing stream for your enjoyment. Please monitor children and pets around water at all times. The campground has flush toilets and running water and is handicapped accessible. Sunshades are encouraged for enjoyment of the melee battles. The campground backs up on a residential area and night time noise ordinances will be enforced. Fires will be in designated pits only and are subject to USFS fire restrictions

Harvest War

September 9th-11th

Côte du Ciel



Be sure to check fire restrictions the day before the event to ensure you have the correct information. We anticipate use of the upper field for camping and fighting. Children must be supervised. Pets are welcome but must be on leash at all times. The site is wet.

Adults 18 and older: Camping Friday- Sunday – \$30.00 (\$25 w/membership) Saturday only - \$20.00 (\$15 w/membership) Ages 17 and under are guests of the Shire. Adult member discount of \$5 per adult is available with proof of membership.

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Autocrat: Hellmuth Gugel
(Brand.griffin@gmail.com)
Co Autocrat:
Merchant Coordinator:
Aslak the Awful
(jason@jasonmporter.com)

Fall Coronation September 17th Arrow's Flight



Saturday, September 17,
2022 - 09:00 to 20:00
Fall Coronation at Arrow's
Flight

As the summer moon begins to wane, so too does the reign of our illustrious majesties. But hope springs anew the mantel of their majesties falls to their heirs before the long winter returns. Join the Shire of Arrow's Flight for Fall Coronation as we welcome the new rulers of the griffin thrones.

It will be a day of celebration as we honor our former and new monarchs with tournaments and displays of prowess.

We invite you to join us at the Castle Amphitheater in Provo, Utah September 17th from 9 AM - 8 PM.

Site fee: Adult Registration: \$15

Adult Member: \$10

Those under 17 are guests of the Kingdom and Barony. Make Checks Payable to "SCA, Inc. Shire of Arrow's Flight"

Location: Utah State Hospital, 1300 E. Center St., Provo, UT 84603

Directions: Take your best route upon the King's Highway (I-15) to the Provo Center Street exit 267; drive east on Center St. (about 2 miles) and enter the hospital grounds. Continue east and turn left at the large planter in the road; follow the road around and up to the castle area (the "off-limits" signs aren't meant for us).

Fall Coronation September 17th Arrow's Flight



Event Steward: Praxilla
Taurina
Email modelbuch@gmail.com
Phone: 385-535-0553
Site Rules: The Castle
Amphitheater is a dry site as
it is located on the campus of
the state hospital. Anyone
bringing beverages on-site or
found to be in an intoxicated
condition will be politely
asked to leave immediately.

Parking is available both
above the site and below the
site. Accessibility parking is
available on the main tourney
ground level, but all others
will be asked to park in the
upper or lower parking lots.

The site is pet-friendly, but
responsible owners must
accompany all pets. It is
expected you will clean up
after your pet.

Disclaimer: Although the
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those under your control as
you believe to be necessary.



Guilds and Activities

Archery

Archery Practice is held every Thursday from 6:00 PM until 8:00 PM.

For further information, please contact the Captain of Archers at archery@loch-salann.org



Arts & Sciences

More information will be posted on the Baronial Facebook page and the Loch-Salann.org website. Contact for more information: Maysun al-Isfahaniyya - email at moas@loch-salann.org

Baronial Bardic Circle

The Bardic Circle will be holding monthly meetings on the 4th Sunday of each month at the home of HE Amanda de Spencer. Contact Robin de Spencer for additional information 801-520-5481 (no calls after 9 please).

Blacksmithing Guild

Join the Blacksmithing Guild as we learn and develop our skills in this fine art. We meet the first Tuesday of the month at 6:00 pm at Lord Heinrich Eisen's shop. Feel free to contact him directly at 801.808.2897 or danielsonartworks@gmail.com

Also, join us on Facebook for more news and discussions.
<https://www.facebook.com/groups/722919054394386/>

Brewer's Guild

The Brewer's Guild will hold meetings approximately every six weeks. Announcements will be made on Facebook pages and on the Baronial Website.

Guilds and Activities

Cook's Guild

Additional information will be posted on the Facebook pages for Loch Salann and Loch Salann Arts & Sciences, plus on the Loch Salann baronial website. Please contact Mistress Casamira by email at jeannecas@gmail.com or by phone 801-572-6458 (speak to the Machine) if you have questions.

Loch Night

Armored Combat and Steel Combat practice is held every Tuesday from 7:00 PM until 9:00 PM.

For further information, please contact the Knight Marshall at kmarshal@loch-salann.org

Gardening Guild

The Gardening Guild is currently on hiatus. Please contact the Minister of Arts & Sciences if you'd like to participate or help run this guild.



Guilds and Activities

Musician's Guild

The Musician's Guild is led by Mistress Anne de Junius (June Olsen), and will be meeting (for the foreseeable future) on Thursdays at 7:00 pm at the home of Mistress Aldgyth atten Fennholme (Diane Keay) in the Avenues, 276 B St. SLC.

Everyone is welcome regardless of musical skill. We are a teaching guild and welcome beginners, and all that is required is a love of medieval music. If you can't meet for practice, your musical talents are still most welcome at events.

Contacts: Mistress Anne, 801-466-7300; Mistress Aldgyth, 801-598-7867; or Lady Gauden (Leah Sanford), 801-819-9814.

We also have a Facebook Group:

<https://www.facebook.com/groups/901096403326655/> If you want to join the group go to the page and send us a request.

Needleworker's Guild

The Needleworkers Guild meets on the first Wednesday of the month from 7-9 PM at the home of Mistress Anna de Brabant Location 1028 East 7625 South, Midvale. If you need more info or have questions you can contact Mistress Anna at 801-809-5485 or email her at FlorenceEvans@outlook.com

The group has a Facebook Page Barony of Loch Salann

Needleworker's Guild

<https://www.facebook.com/groups/blsneedleworkers/>



Guilds and Activities



Southern Pewter Casters Guild

Southern Pewter Casters Guild currently meets on the 2nd Tuesday of each month at the home of HE Oonaugh. Please contact her for additional information 801-898-7829.

Thrown Weapons

Thrown Weapons is held every Thursday from 6:00 PM until approximately 8:00 PM.

CURRENTLY ON HOLD DUE TO COVID-19

University of Loch Salann

University of Loch Salann classes will be held on the 2nd Wednesday of each month, for more information please contact moas@loch-salann.org
Also, join us on Facebook for more news and discussions.

Do you have updates to your guild, or photo's of your guild or activity you wish to share?

Please send the information and attachments to
chronicler@loch-salann.org

Thank you!



Contact Information

Websites

Barony of Loch Salann: <http://www.loch-salann.org>

Kingdom of Artemisia: <http://www.artemisiasca.org>

Official SCA Homepage: <http://www.sca.org>

Baron and Baroness

Raven Macleod & Sajah al-Shiraziyah

Baron@loch-salann.org & baroness@loch-salann.org

Officers

**Out of respect for all our officers, please,
no phone calls after 9:00 pm – Thank you!**

Find the current office holders on our
website:

<http://www.lochsalann.org/about/officers/>

Seneschal: Dana Aurora de Portugal
(Dawn Tavares)

seneschal@loch-salann.org

801.232.2698 (text preferred)

Deputy: Vigdis Hakondottir (Mellane
McCammon)

Phone: 916-599-1433

Email: mellane30@gmail.com

No phone call between the hours of 7pm-
9am

Minister of Arts & Sciences:

Maysun al-Isfahaniyya

moas@loch-salann.org

Captain of Archers: Aifdis

801-706-0075, archery@loch-salann.org

Chatelaine: Arabella de Rebellh

chatelaine@loch-salann.org

Exchequer: Bronwyn Morgan

exchequer@loch-salann.org

Deputy: Position Open

deputy-exchequer@loch-salann.org

Herald: Aife ingen Muiredaig

herald@loch-salann.org

Knight Marshal: Conall Ua Doibhíhlén

, kmarshal@loch-salann.org

Deputy: Ursa

Contact Information

Officers

Thrown Weapons Captain:

Rashid al Wadi

thrownweapons@loch-salann.org

List Minister: *Baroness Amanda DeSpenser*

listminister@loch-salann.org

Rapier Marshal: *Lord Razumnik Zhiroslavich*

385-250-9715

rapier@loch-salann.org

Deputy: *Virgil*

Quartermaster: *Count Robert le Raven MacLeod*

801-232-1617

quartermaster@loch-salann.org

Security: *Ulrich von Grimme*

801-259-2523

security@loch-salann.org

Webminister: *Jevan de Berwyn*

801-897-2369

webminister@loch-salann.org

Youth Officer: *Master Turi MacCarthy*

801-613-0221

youth@loch-salann.org

Chronicler: *Dirck de Jager*

801-404-3327

chronicler@loch-salann.org

Deputy: *Master Lawrence Bacon*

Social Media Officer: *Elayne Chisholme*

801-618-8463

Socialmedia@loch-salann.org

