

Newsletter for the Barony of Loch Salann in the Kingdom of Artemisia AS LIII February 2020











This is the Questing Quill, published by and for the members of the Barony of Loch Salann of the Society for Creative Anachronism, Inc.

The Questing Quill is now being published quarterly as an online PDF and is available to all members of the Barony at no charge. This is not a corporate publication of the SCA and does not delineate SCA policies.

Copyright Information

Contents of the Questing Quill are copyright 2020, The Barony of Loch Salann. Except where otherwise stated, all articles in this publication may be reprinted without special permission in newsletters and other branches of the SCA, Inc., subject to the following restrictions:

- 1. The text must be printed in its entirety, without additions or changes.
- 2. The author's name and original publication must be printed with the text.
- 3. You must send a letter to the Chronicler, stating which articles have been used and where they are being reprinted.

In This Issue

General News:

Message from the Baron and Baroness Help Wanted

Events:

Defenders 2020

Spring Coronation 2020

Articles:

Bacon Bits

Alix's Kitchen

Guilds and Activities Contact Information

Submissions are not only welcome, they are encouraged! Be a part of the newsletter, reach the people, share your knowledge and wisdom.

Please send all submissions to the Chronicler at chronicler@loch-salann.org. Please include Questing Quill in the subject line. Thank you!





A message from the Baron and Baroness



Unto the Barony of Loch Salann do Hoggar and Bronwyn send warmest greetings.

As we write this we have seen our way through the perils of winter and are past the mid-point to the Spring Equinox. We now prepare for War one again as it has reared its head in the south on the fields of Estrella and we find ourselves loading our provisions and preparing for battle, looking to join our fellow Artemisians on the fields of battle and in the displays of the arts and sciences of our great kingdom.

Looking forward we have word that a great Viking fleet makes its way to our lands in league with the saline swilling demon decapod to raid Lindisfarne. We call for aid from our brothers and sisters near and far, to defend our Barony and the Holy Island from this menace from the briny deep. Come and join us at, St. James Episcopal Church, 7486 Union Park Ave., Midvale, UT 84047 on Saturday, 7 March 2020 for the Barony of Loch Salann's Defender's Tournament.

The following weekend will be the 6 month anniversary of the ascension of Lakhan and

Vigdis to the Gryphon Thrones and the Barony is pleased to host a party to celebrate their Reign; may it last exactly as long as it's supposed to. We believe Their Highnesses will grace us with Their presence as well, so join us at the South Jordan Community Center, 10778 S. Redwood Rd., South Jordan, Utah to welcome them.

We are in need of an Event Steward and Feast Steward for Solstice court for next December. If you are interested in helping please let the Seneschal and Us know.

There are several Officer positions opening up this year please check the "Help Wanted" section of the Questing Quill to see where your Barony needs you to serve or ask one of the Baronial Officers if they need a deputy. Many hands really do make light work and prevent burnout.

Yours in Service Hoggar and Bronwyn Baron and Baroness of Loch Salann

Baronial Populace Meeting

Here Ye, here ye! Their Excellencies of the Barony of Loch Salann invite you to the Baronial Populace Meeting, the second Wednesday of each month!

This month's meeting will be on Wednesday the 12th of February, at 6:00 PM.

Baronial Populace Meetings offer the populace the unique opportunity to not simply witness, but participate in the running of the Barony, and the direction for its future.

Your thoughts matter! As a member of the populace, the leadership needs to hear from you. By understanding how the Baron and Baroness, Seneschal, and all Baronial officers function, you can better learn how you can participate in the workings of the Barony.

Come be a part of it on February 12th

6:00 PM to 8:30 PM Hunter Library Hunter Meeting Room, 4740 W 4100 S, West Valley City, UT 84120

The Dream doesn't happen without you. Come help, and be a part in making the Dream of Loch Salann real!





Help Wanted

No great machine may function with out all its parts, and likewise, no Barony can remain great without the help of many hands.

The Questing Quill offers you an opportunity to look for places to serve within the Barony, or request aid yourself! If you are looking for an opportunity to serve, please consider some of these new entrants to maintain the Dream, and the Barony of Loch Salann.

Help Wanted in the Barony of Loch Salann:

The Barony is in need of a new Herald! Are you looking for the chance to learn to be the voice of their Excellencies? Now is your opportunity! Please inquire with their Excellencies.

All other Baronial Officers are currently looking for deputies so please check with the various Officers for an exciting opportunity to learn and serve!

The Chronicler has been encountering some hardships and wishes to start training a deputy to take over the position in the Near Future. It's not as hard as it looks, and more fun than you might realize! Please enquire with Bacon.

We are accepting letters of Intent for the office of Crystal Pursuivant, consultation and herald for the Loch. https://www.lochsalann.org/helpwanted-crystal-pursuivant/

The Barony is looking for Event Stewards for the 2020 Solstice Court. Please inquire to learn how you can be an Event Steward.

Do YOU have something you need help with? Post it in the Questing Quill! It's the right price, and a great way to find the help you need to make the Dream real.



Defenders 2020

March 7th, 2020

To all Nobles of the great Kingdom of Artemisia! The Barony of Loch Salann calls for aid!

The year is 793, the place is The Island of Lindisfarne, and the Vikings are coming. And this time they brought company. From the great depths of the ocean, they have called the Great Brine Shrimp to help them raid the Holy Island.

Their Excellencies Hoggar and Bronwyn call the rapier fighters, armored combat fighters and their consorts to come help them defend the Island. The best of both the Rapier and Armored Combat fighters will be crowned the Defender of the Barony of Loch Salann, and Lindisfarne.

Their respective inspirations shall be crowned Lord or Lady Shrimp Bait. And, in honor of these heroes (whomever they shall be) their excellencies have ordered a great feast to be prepared.

Enjoy the four remove feast provided by THL Francisico Di Grazzi and HE Ryryd Ap Gwyrstan.

The Barony of Loch Salann welcomes you, and asks you to join us, for the Defender's of Lindisfarne Tournament! Tournament details will be posted as the event draws nearer.

Site: St. James Episcopal Church,

7486 Union Park Ave., Midvale, UT 84047.

Site opens at 9 am and closes at 11 pm.

6

 $\overline{}$

The site is discretely wet, handicap accessible, no pets please (Service animals excepted).

Registration: Adult Event Registration is \$15. Adult Member Discount Event Registration is \$10.

Minors are guests of the Barony.

Please make checks payable to "SCA Inc., Barony of Loch Salann".

Event Stewards:

Lady Ursa the Minor (Meka Nunnikhoven)

Phone: 406-595-0146; email: marieke.nunnikhoven@gmail.com

His Excellency Dunkr Ormstunga (Mark Steele)

Phone: 801-803-2736; email: mps0307@yahoo.com



Spring Coronation

March 14th, 2020

Heirs have been found, and the treasury of Lakhan and Vigdis has been refilled with plunder, so they are off to other adventures, leaving the Kingdom in the capable hands of Daman and Veronique! Come join us for a day of celebration.

Site: South Jordan Community Center, 10778 S. Redwood Rd., South

Jordan, Utah 84095. Site opens at 9:00 am and closes at 7:00 pm.

Registration: Adult Event Registration \$20; Adult Member Discount

Event Registration \$15. Make checks payable to SCA Inc., Barony of Loch Salann.

Directions: Take your best route to I-15.

From the north - Take southbound I-15 until you reach Exit 293 for UT-151

10600 S. Keep right at the fork, follow signs for S Jordan / Fairgrounds /

Equestrian Park. Merge into UT-151 W/W 10600 S/S Jordan Pkwy. Turn left on Redwood Road. The Site will be .5 miles on the right side of the road.

From the south - Take north bound I-15 till you reach Exit 292. Go west on 11400 S., turn right on Redwood Road. Site will be .8 miles on the left side of the road.

Autocrat:

Countess Sajah al Shiraziyah (Jennifer Crow)

Phone: 801-913-3746; email: hlsajah@gmail.com

Co-Autocrat: Count Sir Raven Macleod (Jefferson Crow)

Phone: 801-232-1616; email: Ravenmacleod@gmail.com



Bacon Bits



Once again, I come to you to discuss something near to my heart.

Let's talk setbacks.

Disappointment, setbacks, even trauma, are an unfortunate inevitability. When it happens to you, its so hard to remember you aren't alone.

It's happened to me, recently. My fighting kit, all my swords, several favors, some irreplaceable gifts, were stolen from the back of my car, along with several even more expensive and difficult to replace items.

Now what I lost was gear, and gear can be replaced. Expensive? Yes, but still doable. What hurts most is the setback and feeling of loss. Nothing has been returned, and despite the massive effort of several wonderful people, I may not fight justice for this.

Compared to what others have been through, this is a minor setback. The loss of a spouse, injury or illness, loss of work; these can all create terrible setbacks that may take us away for a short, or long, time away from our beloved Dream.

What I had to remember, and what I hope I can help you remember, my friends, is that a setback is not the end, and the time when we may need our community most of all. It is not our place as friends to watchdog one another, but it is our place to be available to our friends when they are ready to reach out.

6

When my gear was stolen, more than anything, I felt guilt. I felt guilt, because I thought it was somehow my fault my kit was stolen. It was my fault I was no longer able to fight. I felt like a burden on my friends, because I could not bring what I was most comfortable brining to my Fighter Practice any longer.

So what good was I?

The hardest thing I have written in a long time was a post on Facebook, asking for help.

When I did, though, so many people reached out with courage, empathy, and offers for help. No one blamed me. They reminded me it's not my fault.

When you find yourself in a setback, do not blame yourself. Circumstances happen. Our golden rule is "Real Life First!" No one in this wonderful Barony will shame you for taking care of yourself, and you will be surprised how much kindness, how much support, and how much love you will find, when you are ready to reach out and ask for help.

Setbacks are hard, but our community is strong, and ready to lend you a hand.

Reach out. I'm here for you, too.

-Lawrence



Beef Barley Soup

This recipe is based on one that was in "The Ladies Cabinet Opened" which was published in England in 1639. While belonging to The Society For Creative Anachronism I microfilmed the cookbook and started "translating". Other "period" vegetables can be added so you can make the soup stretch further.

Ingredients

½ lb. of beef cubes
1 medium onion (diced)
1 turnip (peeled and diced)
1 Parsnip (peeled and diced)
2 c. green beans
5 medium potatoes (peeled and diced)
1 stalk of celery (diced)
3 carrots (diced)
1 clove of garlic (minced)
1 Bay Leaf
2 Tbsp Oregano
1 c. uncooked barley
3 qts. meat broth or stock (I suggest beef broth or stock but you can use vegetable broth)
Salt and pepper to taste



Alix's Kitchen

Beef Barley Soup

Directions

1) Boil beef cubes in broth with salt and pepper.

2) Cut tips off green beans and cut any long ones into 2" long pieces.

3) When the cubes are cooked about to the half way point, add onions, turnip, parsnip, green beans, carrots, celery, potatoes, (EXCEPT the barley) and the remaining spices (garlic, .Bay Leaf, and Oregano).

4) Cook on a low heat until the vegetables are cooked approximately half way.

5) Add the barley and raise the heat to a medium heat; boil the soup for about 3 to 4 minutes, stirring occasionally to prevent it from sticking,

6) Reduce the heat to low and simmer 30 to 60 more minutes. Remove the Bay Leaf.

7) Serve hot.



Archery

Archery Practice is held every Thursday from 6:00 PM until 8:00 PM.

Winter Site Location:

Salt Lake Archery

1130 E Wilmington Ave,

Salt Lake City, UT 84106

For further information, please contact the

Captain of Archers at archery@loch-salann.org



Arts & Sciences

More information will be posted on the Baronial Facebook page and the Loch-Salann.org website. Contact for more information: Heloys de Bec - email at <u>moas@loch-salann.org</u>

Baronial Bardic Circle

The Bardic Circle will be holding monthly meetings on the 4th Sunday of each month at the home of HE Amanda de Spencer. Contact Robin de Spencer for additional information 801-520-5481 (no calls after 9 please).

Blacksmithing Guild

Join the Blacksmithing Guild as we learn and develop our skills in this fine art. We meet the first Tuesday of the month at 6:00 pm at Lord Heinrich Eisen's shop. Feel free to contact him directly at 801.808.2897 or <u>danielsonartworks@gmail.com</u>

Also, join us on Facebook for more news and discussions. https://www.facebook.com/groups/722919054394386/

Brewer's Guild

The Brewer's Guild will hold meetings approximately every six weeks. Announcements will be made on Facebook pages and on the Baronial Website.



Cook's Guild

Additional information will be posted on the Facebook pages for Loch Salann and Loch Salann Arts & Sciences, plus on the Loch Salann baronial website. Please contact Mistress Casamira by email at jeannecas@gmail.com or by phone 801-572-6458 (speak to the Machine) if you have questions.

Fighter Practice

Armored Combat and Steel Combat practice is held every Tuesday from 7:00 PM until 9:00 PM. We are currently at our Winter location located at:

VA Rec Center on Kisters St, Salt Lake City, UT 84108

Suggested Route from Foothill Drive:

- 1) at the corner of Mario Caecchi Drive and Foothill Drive, Turn Right onto Wahlen Way
- 2) Follow Wahlen Way until you must turn left or right, Turn Right onto Valdez
- 3) Take the next Right onto Kister Street
- 4) the Building entrance you are looking for is on your left

For further information, please contact the Knight Marshall at kmarshal@loch-salann.org

Gardening Guild

The Gardening Guild is currently on hiatus. Please contact the Minister of Arts & Sciences if you'd like to participate or help run this guild.



Musician's Guild

The Musician's Guild is led by Mistress Anne de Junius (June Olsen), and will be meeting (for the foreseeable future) on Thursdays at 7:00 pm at the home of Mistress Aldgyth atten Fennholme (Diane Keay) in the Avenues, 276 B St. SLC.

Everyone is welcome regardless of musical skill. We are a teaching guild and welcome beginners, and all that is required is a love of medieval music. If you can't meet for practice, your musical talents are still most welcome at events.

Contacts: Mistress Anne, 801-466-7300; Mistress Aldgyth, 801-598-7867; or Lady Gauden (Leah Sanford), 801-819-9814.

We also have a Facebook Group: <u>ttps://www.facebook.com/groups/901096403326655/</u> If you want to join the group go to the page and send us a request.

Needleworker's Guild

The Needleworkers Guild meets on the first Wednesday of the month from 7-9 PM at the home of Mistress Bethoc du Cruford. Location 628 N. American Beauty Drive, Salt Lake City UT 84116. If you need more info or have questions you can contact Bethoc at 801.322.4984 or email her at leishman10@msn.com

The group has a Facebook Page Barony of Loch Salann

Needleworker's Guild https://www.facebook.com/groups/blsneedleworkers/





Southern Pewter Casters Guild

Southern Pewter Casters Guild currently meets on the 2nd Tuesday of each month at the home of HE Oonaugh. Please contact her for additional information 801-898-7829.

Thrown Weapons

Thrown Weapons is held every Thursday from 6:00 PM until approximately 8:00 PM. Summer Location: 8775 Old Homestead Ln, West Jordan, UT 84088

We need a new Thrown Weapons Captain - See Help Wanted!

There is a \$3.00 per person fee at this location.

University of Loch Salann

University of Loch Salann classes will be held on the 2nd Wednesday of each month, for more information please contact Leah de Spencer at <u>holdtyte1@aol.com</u>

Also, join us on Facebook for more news and discussions.

Do you have updates to your guild, or photo's of your guild or activity you wish to share?

Please send the information and attachments to <u>chronicler@loch-salann.org</u>

Thank you!



Contact Information

Websites

Barony of Loch Salann: <u>http://www.loch-salann.org</u> Kingdom of Artemeisia: <u>http://www.artemisia.sca.org</u> Official SCA Homepage: <u>http://www.sca.org</u>

Baron and Baroness

Hoggar Hanson & Bronwyn Morgan <u>Baron@loch-salann.org</u> & <u>baroness@loch-salann.org</u> 801-554-2870 - Please text before calling

Officers

Out of respect for all our officers, please, no phone calls after 9:00 pm – Thank you!

Find the current office holders on our website:

http://www.lochsalann.org/about/officers/

Seneschal: Baroness Rachael Ashton, OP 602-904-1552, seneschal@loch-salann.org

Minister of Arts & Sciences: Maysun al-Isfahaniyya moas@loch-salann.org

Captain of Archers: *Ryryd ap Gwerstan, OP*

801-706-0075, archery@loch-salann.org



Exchequer: Mistress Aingael exchequer@loch-salann.org

Deputy: Position Open deputy-exchequer@loch-salann.org

Herald: Chagatai Burilgi 385-887-3243, <u>herald@loch-salann.org</u>

Knight Marshal: *Richard von Tech* 801-232-5790 (Texts preferred), kmarshal@loch-salann.org

Deputy: Ursa





Contact Information

Officers

Thrown Weapons Captain:

Rashid al Wadi thrownweapons@loch-salann.org

List Minister: Baroness Amanda DeSpenser

listminister@loch-salann.org

Rapier Marshal: Gage of Loch Salann

801-680-4326 (no calls or texts after 8:00 pm please),

rapier@loch-salann.org

Deputy: Dirk de Yaeger, Virgil

Quartermaster: *Count Robert le Raven MacLeod*

801-232-1617

quartermaster@loch-salann.org

Security: Ulrich von Grimme 801-259-2523, security@loch-salann.org

Webminister: Jevan de Berwyn 801-897-2369 webminister@loch-salann.org

Youth Officer: *Turi MacCarthy* 801-613-0221 youth@loch-salann.org





