

# Questing Quill

Æ S VII MÆY 2017

NEWSLETTER FOR THE BARONY OF LOCH SALANN IN THE KINGDOM OF ARTEMISA





This is the Questing Quill, published by and for the members of the Barony of Loch Salann of the Society for Creative Anachronism, Inc.

The Questing Quill is now being published quarterly as an online PDF and is available to all members of the Barony at no charge. This is not a corporate publication of the SCA and does not delineate SCA policies.

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**Art / Photo Credits**

Grim Wall - Accent art throughout  
 Dover - Celtic Designs accent images  
 Defender 's photos - Paula Sageser and Rod Hansen

Special Thanks to Mistress Leah de Spencer who contributed several articles to this, and prior issues.



**Submissions are not only welcome, they are encouraged! Be a part of the newsletter, reach the people, share your knowledge and wisdom.**

Please send all submissions to the Chronicler at [chronicler@loch-salann.org](mailto:chronicler@loch-salann.org). Please include Questing Quill in the subject line. Submissions with date/time deadlines must be received by the 25th of each month to guarantee they will appear in the following issue.

Thank you!



# Hear Ye Hear Ye

Do you have a great site that would work for holding SCA Events? Know a good place for indoor fighter's practices?

Please share your recommendations with our Seneschal and Their Excellencies. Or better yet, [use our online form](#) to submit details about the site.

We are still seeking an indoor site for fighter's practice for next Fall/Winter. The sooner we can find and reserve space the better. While we will have the Veridian Center for one night a month, we'd prefer weekly practices.

**Their Excellencies** would love to hear news of those among us who are deserving of recognition. To make it easier to recommend those you see who are worthy, please visit our web-site and review the [Barony Awards page](#) to see descriptions of the awards. There is also a form on that page for submitting recommendations.

Artemisia XX is coming. **Their Majesties Flóki and Gwen** like giving awards. But They can't be everywhere and know everyone. So, send in those award recommendations. Use the form at <http://artemisia.sca.org/new/awards.php>.

--Conchobhar Golden Wing and Golden Crown

I invite our populace to submit song and poetry to brighten our next issue. Perhaps you would share the piece(s) you submit during Melee Madness?

--Rhianna, Chronicler

## **YOUR NEWS COULD GO HERE TOO.**

Do you need to get the word out about an activity, event, call for help, etc. I'm happy to add it to the summer issue.



## Casamira's Corner

*The Pun is Mightier Than the Sword!*

Contrary to popular belief it wasn't the eating of the apple that caused God to expel Adam & Eve from paradise. It was their blatant disregarding of certain rules of conduct in the herb bed.

Often mis-translated, this infraction of God's rules is known as Oregano sin.

By: Mistress Casamira Jawjalny, OL, OP, GA







## Baroness' Corner

Camping season- two of my favorite words. They evoke images of campfires, drums, bardic circles, waking up to the sun rise shining through canvas, the smell of cooking fires, the sound of fighting on the field, the laughter the stories, and so much more. In this edition of the Quill you will learn tips and tricks to camping. Most of us have been camping at one point in time or an other and we all have our favorite stories. Lets make this season the best ever. Careful planning will make the whole season so much more fun.

Another thing I want to do is to challenge you to work on your Flower of Chivalry. The camping season is a great time to take classes and to learn new things. There is something about camping that can encourage us to be adventurous. So be bold. Have fun. Challenge yourself.

Happy camping.

-- Amanda



# Officer Reports



## Seneschal's Office:

As always, the official Baronial web page and the various unofficial FB pages are additional sources of information regarding the activities of the Barony.

Any member of the populace is welcome to attend the monthly Forum, which is held at 7 pm on the second Wednesday of the month, at Their Excellencies, 13575 S 1300 E, Draper. Next Forum will be April 12, 2017.

Yours in Service,

Luveday de Salford – Seneschal

**Baronial Officer Reports can be found on the website and are tagged as “Baronial Forum”**

<http://www.lochsalann.org/category/library/baronial-forum/>



## Minister of Arts & Sciences:

Greetings unto the Populace of Loch Salann from your Minister of Arts and Sciences,

The goal of this office is to encourage the Arts and Sciences in our Barony. To that end I am very excited to introduce The University of Loch Salann. The University will be accepting enrollment from any member of the populace who is interested in learning or teaching any aspect of the Arts and Sciences. Full details of the Degrees the University offers as well as the role it will play in earning your Flower of Chivalry will be announced at Melee Madness. There is currently a Facebook group set up for the University of Loch Salann which anyone is welcome to join. We will be announcing classes and having discussions regarding said classes on a regular basis.

Speaking of classes. Spring is in the air and thoughts turn to the camping season ahead. In preparation for this time of year HE Morgan will be teaching a class on camping basics on May 9th at Fighter Practice. The Fighter Practice classes will be on a monthly basis unless there are more teachers volunteering than there are months until we go back inside. Please contact me [moas@loch-salann.com](mailto:moas@loch-salann.com) or post to the Facebook group: <https://www.facebook.com/groups/286480191774123/>

I will be stepping down at Solstice court. I will be accepting letters of intent for taking over the office starting now in order to have training time and to get used to the office. If you are

# Officer Reports

interested please email myself, the Baron and Baroness and the Baronial Seneschal. The only requirements are membership in the Society for Creative Anachronism and enthusiasm for the Arts and Sciences.

For the Honor of Loch Salann,  
Heloy's de Bec, OL, OP



## Webminister:

We are in search of ways to better communicate with the Barony and would like all members to take a few moments and complete this short survey. There are two links listed below, the first link is for members who can fill out the survey online. The second form is a fillable and printable PDF for those who prefer this method.

If you know someone who is not on the Barony social media pages, or if they do not frequent the Barony website, please feel free to print the PDF and share it with them. We are planning on having a few of the printed surveys at Melee Madness so people can fill them out then.

Here are the two links you can use to use and share this survey.

Online form:  
<https://goo.gl/forms/6lw1Lsy3Vro3gV2I3>

Fillable/Printable PDF form:  
<http://loch-salann.org/forms/BLS-Info-Survey.pdf>

Please help spread the word so we can get as much information and feedback as possible.

Yours in service,  
Jevan Berwyn – Webminister



All SCA offices benefit from volunteers among the populace and especially those looking for deputies - as they plan to transition at the end of their 2 year warrants, or just need an extra hand with managing the duties of the office. If you have any questions about any of our offices, I'm sure our officers would be happy to share more information.

<http://www.lochsalann.org/about/officers/>

Ní bhíonn an rath ach mar a mbíonn  
an smacht

(Nee vee-on on rah och(k) mor a mee-on on smockt.)

**(There's no prosperity without work.)**

# Upcoming Events

## Melee Madness - June 3-4, 2017

Soon to be summer! Soon to be Melee Madness!!!  
June 3rd and 4th, 2017 at its Ancient and Honorable site, The Castle (in back of the Utah State Hospital in Provo, UT)  
Come and enjoy the day, by doing an activity or just relaxing in the sun and visiting with friends!  
Fighting, Archery, Thrown Weapons and More!



### General Information:

Opening announcements are tentatively planned for 10:00 am on Saturday (or whenever the event steward thinks that enough fighters have shown up). The more fighters we have, the more fun the Castle Siege scenarios will be!

Competitions for Baronial Archery and Thrown Weapons Champions will be taking place.

If you've ever wanted to run/sponsor an activity, contest or teach a class (fighting or non-fighting), this is the place to do it; just clear it with the Event Steward and appropriate Coordinator.

Even though this will be a 2-day activity, the populace is encouraged to come early on Saturday and bring picnic lunches and sunshades/tents (although there are numerous shade trees).

This is a very dry site! Because this is a state facility, anyone bringing alcoholic beverages onsite or found to be in an inebriated condition will be politely asked to leave immediately!

Ground fires or open flames are not permitted, but off-ground fire pits, hibachis, and gas grills are. Offsite merchants are only 4-6 minutes away.

Pets are welcome if accompanied by responsible owners.

### Pas D'Armes:

On Sunday morning, weather allowing, House Catwing & Hold Tyte will hold their annual Pas d'Armes, open to all fighters; see the Event Steward for details. Bring your nicest banners and fighting clothes, and display your skills at weapons and words.

While martial events are ringing through the air there will be many other activities available-

Help Wanted: As we are working to stand up our youth combat program we need help in making weapons, shields and other required equipment. We will have supplies and instructions on hand and could use your help in construction.

Classes: Members of the Crystal Bloom will be teaching classes through the afternoon. Come, learn and support the youth. Exact classes and instructors will be posted soon.

Bardic Challenge: There are several challenges this year!

Create an Ode: It is time to celebrate and we have much to be grateful for! Write an ode to celebrate...

something- Perhaps it is the Kingdom of Artemisia in honor of its XX year. Our Glorious King, Queen, Prince and Princess, The ancient and Honorable lands of Loch Salann, Your handsome Baron or gentle Baroness, The event (melee madness) or its faithful steward Sir Michael the Lucky, Perhaps you want to write an ode to the castle itself. Here is a link on how <http://www.beavercreek.k12.oh.us/cms/lib5/oh01000456/centricity/moduleinstance/9147/ode-eulogy-elegy.pdf>

Write a story or poem using proper words from medieval Europe - There will be a bag of medieval words and their definitions. Your task is to use them in a story, poem or song. Points are awarded for quantity and quality of word use. A word you might find is 'Keak' - I really liked everything about her, except she just had this awful, awful keak. Can't date a girl with a terrible keak.



# Upcoming Events

Write a short poem or story. In the bardic arts it is amazing to spend 45 minutes to an hour listening to an epic poem ... but sometimes it is best to keep it short. Check out this song for the reasons why: <https://soundcloud.com/pahuapants-allieface/keep-it-short-sca-original>. Your task is to choose a theme (Battle, love story, no kidding there I was), and tell the story completely ... and briefly.

Viking Potluck: Check with His Majesty Floki for information and details.

## Flower of Chivalry Challenges:

Have you been looking at the flower of Chivalry and wondering when you would have an opportunity to meet with Members of the order and share your persona story or discuss period weapons or design your fortification? There will be members of the order and tools to help you available at Melee Madness at the Holdtyte pavilion.

## Camping:

While the site will officially OPEN at 8:00 am on Saturday and CLOSE at 10:00 pm on Sunday, we will be allowed to set up tents Friday night after 5:30 pm. Unless told otherwise, camping is only allowed on the field in front of the Castle. Please contact the Event Steward beforehand if you plan on camping overnight.

## Site:

Utah State Hospital, 1300 E. Center St. Provo, UT 84603. Site opens at 5:30 pm Friday, June 2nd and closes 10 pm Sunday, June 4th.

## Site Fee:

Adult Event fee: \$15, Adult Member Discount Event fee: \$10; Children ages 17 years old and younger are free. Make checks payable to "SCA Inc., Barony of Loch Salann."

## Directions:

Take I-15 to the Provo Center Street exit 267; drive east on Center Street (about 2 miles) and enter the hospital grounds. Continue east and turn left at the large planter in the road; follow the road around and up to the castle area (the "off limits" signs aren't meant for us).

Event Stewards: Sir Michael the Lucky (Michael Huston), 801-645-5651, [sirmll@aol.com](mailto:sirmll@aol.com)

Fighting Coordinators: Heavy – Sir Bohun the Black (Adrian Kuhn), 801-856-3621, [Bowen\\_the\\_Black@yahoo.com](mailto:Bowen_the_Black@yahoo.com)

Rapier – HL Johanne die Weyer (Holly Johnson) 385-240-7856, [hollyjohnsonpft@aol.com](mailto:hollyjohnsonpft@aol.com)

Non-Fighting Activities Coordinator: Lord Robert de Spencer II

## Baron's War

Baron's War planning continues and official announcements/postings should occur soon as all paperwork has been submitted. Reserve Friday, August 4th through Sunday, August 6th, 2017 for camping with your SCA family. (If you want to help set up you can get on site on Thursday evening August 3rd ... hint, hint.), Site will be the same as past years, Curlew Campground in Idaho





# Artemisia Celebrates 20 years!

<http://baronyofgryphonslair.org/20year>

## Artemesia XX

Barony of Gryphon's Lair

Starting Date: 06-30-2017 | Ending Date: 07-04-2017

**DESCRIPTION:** Please join Their Majesties Floki & Gwenevere, Their Highnesses and Their Excellencies as we celebrate Twenty years of the Kingdom of Artemisia. This auspicious occasion promises a plethora of activities for the delight of all including melees and tourneys for rapier and armored combat; youth activities; a variety of archery shoots; thrown weapons; arts and sciences activities; a Pas d'arms featuring past and present Royalty of Artemisia and more!



If you are interested in being part of the event team or sponsoring, hosting, coordinating any activities please contact the Event Stewards; Azir de Lucera & Asgeirr Rekke I Dane  
Volunteers will be needed (and greatly appreciated!!) in all areas of event administration.

To Commemorate this auspicious occasion and support our glorious Kingdom there will be a fundraiser - Commemorative T-Shirts - preorders will be available; plan ahead - Paid pre-orders are the only way to guarantee your shirt & size and you can pick them up when you arrive. Only very limited quantities & sizes will be available on site and will require cash. Please watch the electronic information outlets for more information as it becomes available.

We looking for FULL COLOR art work for the fundraiser T Shirts. Submit your designs Now!  
You must include the Release form. Artwork for consideration must be submitted by April 1st

The site is Weber Countys Historic Fort Buenaventura Park, 2450 "A" Street in Ogden, Utah  
Ample Camping, limited shade, nice RV spaces (must be preregistered), water available, limited permanent privies along with porta privies. There are Hotels and other amenities are nearby. The site is Decidedly Damp {(period containers, please) No container larger than 32oz (site rule)}. All laws regarding consumption of alcohol apply. No illegal drug use. Pets are welcome; they must be properly leashed and must be cleaned up after quickly. Fires in fire pots and off the ground to avoid damage to vegetation and must not be left unattended. (Pending any Fire Restrictions in force at the time) Merchants are welcome; Must have current Utah Sellers Permit, please see website for more information.  
There will be a "enchanted ground" section of Camp; where those who have period encampments will have the opportunity to be part of (prime land) - preregistration required to ensure space. This will create a fantastic visual impression and show the glories of Artemisia!

**SCHEDULE:** The site opens on Friday, June 30th, at 10AM, and closes on Tuesday, July 4th at 10AM.

**SITE:** Fort Buenaventura Park, 2450 "A" Street in Ogden, Utah

**FEES:** Full event; Weekend &/or Camping

Adults with MEMBER discount Preregistered \$45.00 At Gate \$55.00

Adults Preregistered: \$50.00 At Gate: \$60.00

SINGLE Day Trip Fees (PER DAY) At the Gate Only, Adult with MEMBER discount \$20.00, Adult: \$25  
Minors attending with parent or guardian are guests of the Kingdom

Preregistration and Full weekend/Campers will receive a commemorative Site token. Day Trippers and Youth will wear color coded wristbands. Anyone not wearing their site token or correct wrist band will be escorted off site!

# ARTEMISIA XX (CONTINUED)

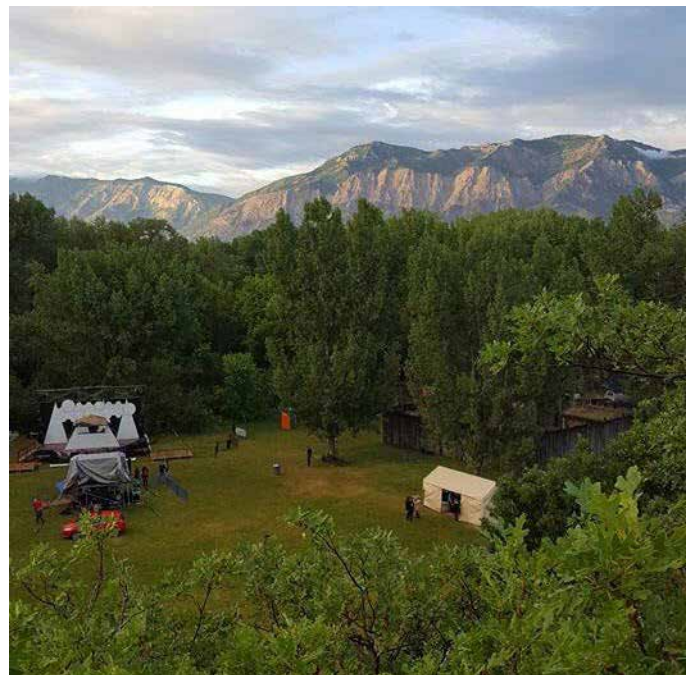
Prepaid reservations, to obtain site discount and qualify for land allocation and early on, must be post marked by June 10, 2017. Please make the checks payable to Barony of Gryphons Lair, SCA, Inc., and mail to The Barony of Gryphons Lair SCA Inc., PO Box 251 Kaysville UT 84037. Please include a detailed list of modern names, current membership number, age if youth, and what you are paying for (i.e. how many site fees &/or Tshirts & sizes) with your check. Forms from the website preferred. To receive confirmation, include a self addressed stamped envelope or your email address. Forms available online - T Shirt information will be available online. Plan accordingly this event will be Cash Only at the Door/Gate

**DIRECTIONS:** From the South: Take your best route to I-15 and head to Ogden. Exit at 24th Street, exit #342. Turn right at the light at the base of the off ramp. The road will curve to the right until you are facing east. Proceed almost a mile. Turn right onto A Avenue. After about a block, turn left on to W Capitol St., it looks like somebody's driveway, but it isn't. The road will dip down and curve around, you will pass the Miles Goodyear Field on the left, proceed all the way to the parking lot and the pond. There will be signs. There are signs for Fort Buenaventura

From the North: Take your best route to I-15 and head to Ogden. Exit at 21st Street, exit # 343. Turn right at the light at the bottom of the off ramp, you should be facing west on 2100 S. Proceed about .6 miles to 1900 W (a light). Turn Left onto 1900, heading south, and proceed .6 miles to 2550 S (a light) Turn Left on to 2550 S., proceed about 1.1 miles to Pennsylvania Ave (light) Turn left onto Pennsylvania Ave, proceed about .4 mile where the road will curve to the right and become 24th street heading east, about .6 miles turn right onto A Avenue. After about a block, turn left on to W Capitol St., it looks like somebody's driveway, but it isn't. The road will dip down and curve around; you will pass the Miles Goodyear Field on the left. Proceed all the way to the parking lot and the pond. There will be signs. There are signs for Fort Buenaventura.

**AUTOCRATS:** Maestro Azir de Lucera, Ron Lucero, seneschal@baronyofgryphonslair.org

HE Asgeirr Rekke I Dane, John Crowell, baron@baronyofgryphonslair.org





# Post Event Report - Defender's Tourney



4 March 2017 was held at the Sugar Space 132 South 800 West Salt Lake City, Utah

The Defenders Tourney was held on the shores of the Great Salt Lake as it has been for the last thirty nine years. And, once again the Dreaded Demon Decapod was slain and the people of the Barony are safe for another year. Although it is reported that some of the swill sucking demons may try another attack at Melee Madness, so our archers and thrown weapons soldiers as well as the youth can carry out mop up operations if the need arises.

There two tournaments were fought, one by Heavy weapons fighters where Lord Connal O Doibhilin was named Conqueror of the Great Brine Shrimp and his lady Anigeal Inghem Garaidh Lady Shrimp bait. The rapier tourney was won by Don Conchobhar Das Michael and his lady ( Our most illustrious Crown Princess) Guinevene McAy named Lady Shrimp Bait. Baroness Champion for Heavy weapons is Lord Richard Stark and for Rapier, Finvid.

In addition Arts and Sciences competitions were held throughout the day and Mst. Anna de Brabant was named Champion and Dame Jenet Moir de Brechin was named Defender of the Barony in Arts and Sciences. Aleah de Spencer was named Youth Champion of the Arts and Sciences. Special thanks to our hard working

Minister of Arts Mistress Heloys de Bec for all her hard work setting up and running the event and to those who displayed their talents for our edification.

Classes were taught throughout the day: Sir Robert de Spencer taught a introduction class on heavy weapon fighting, HL Bacon taught one on rapier fighting, Sir Michael taught a class on Heraldry and HE AElwyn taught a class on dancing.



A polling was held to support the extension by another year for our Baron and Baroness, which would be continued at fighter practices. Baron

# Post Event Report - Defender's Tourney

Ulrich and Baroness Rachael, who traveled from Atenveldt, spent the day carrying out this task, they continue to serve even when they return on vacation, as always their service is appreciated. I am sure that by the time this report is published the results will have been announced.

The musicians played throughout the day, I am sure no other barony in the society has such dedicated and accomplished musicians. They give every event an air of true medieval splendor. A fund raiser was held, both silent auction and fuss free donations for our Musicians, \$489.00 was raised. The bidding got hot and heavy near the end of the fund raiser. The generosity of the people of the barony was shown in its best light on this occasion. Thanks to all who contributed goods and services as well as those who donated money.

At the final court of the day Master Elyas's induction into the Order of Defense was accompanied by much celebration and fighting, along with many kind thoughts and words of encouragement throughout the day as well as lots of really good food. The induction ceremony was impressive, fitting and filled with pageantry. Many varied awards were presented, but I will leave the reporting of those to the heralds, as is only right and fair.

The feast was spectacular, Mst Casamira Jawjalny and her trusty crew quite out did themselves. We feasted on the recently slain shrimp as well as pork and beef, vegetables, rice, and breads, cheeses eggs, olives and other delicacies. The desert were pizzele with cream and berries. Yum!

During the feast the competition for the Bard of Loch Salann was held, we were treated to a wide variety of wonderful songs and entertainment. HL Vincenzo was named bard of Loch Salann for the coming year.

m'lord Edward Short Shanks was awarded a prize for capturing the most "creatures" dur-



ing the event. Although those pesky "critters" sure made the rounds attacking and plastering themselves on faces, arms and garb. By the event's end it appears the those attending did in fact "CATCH THEM ALL"

Special Thanks goes to Sir Robert de Spencer for all his support and my two un-official but hard working and most valued squires and co-autocrates Christoff and Rhianna. In addition to Mistress Bethoc Cruford for manning the sign-in booth the entire event, and improvising site booklets when we ran out, we couldn't have done it without you.

At the event Lady Hawke presented for our enjoyment T-shirts commemorating the Great Brine Shrimp. These can still be purchased by contacting her at  
White Firehawk Designs  
T-shirts and More  
Hawke Rivenoak  
(Tasha Kuhn) 801-577-3972  
hoffmannthehawk@gmail.com

Finally, it appears that the Southern lands of Artemesia and the Barony are safe for another season, it was an honor to act as your event steward, and to serve the barony and people of Loch Salann, I remain in service Leah de Spencer Vicountess, OP,KSCA,OL,Baroness

*Mischief de Spencer*



# How Did You Get Started in the SCA?

Our ongoing series of articles where members of the barony can share stories of their early days in the SCA or early memories. If you would like to contribute, please send me your story and any pictures you may have to go along with it. I will also be sharing excerpts from a “memories” book that has been set out at our events for our members to write down their memories and stories of how they got started in the SCA, or of memorable events in their SCA experience. **Please look for these books at events.**

--Rhianna | Chronicler@Loch-Salann.org

My first contact with the SCA was in the form of an article that I read in a Conan Magazine published by Marvel. I had just finished reading about the SCA, and was wishing that I could find them locally (the article only told of a California group) when my brother, Lord Carl of Wiltshire, came into the Parts Store where I was working. He asked me if I had ever heard of a group called the Society for Creative Anachronism. I told him about the article and he asked me if I would like to go to a meeting. I immediately grabbed onto his shirt, pulled him over the counter so we were face to face and said, “WHERE?”

A few days later, he took me to the Naval Sciences Building on the University of Utah Campus where they were holding fighter practice. There, I met the Baron, Sir Robert De Spencer, the Baroness, Mistress Leah De Spencer, and several other members who have since become very good friends. I took upon myself the name of Eric of Armagh (in homage to my ancestor who was born in Armagh Ireland), and that is the name most people in the SCA know me by.

Through the years, I have been to fighter practice (both in armor fighting, and out of armor), socializing, attending various events, getting to know members and having a wonderful time. I have learned many things about the Middle Ages and Renaissance eras, times that I have always loved to read about, and have attended many feasts, tourneys, as well as fighter practices and other events.

I encouraged my lady wife to join me in attending these events and she was able to, through her skill as a seamstress, make tunics and a cloak for myself, and beautiful dresses and a cloak for herself (needless to say, she outshone me at ALL times!). We have been guests at Baron Robert and Baroness Leah’s home where we were graciously welcomed and entertained.

Because of interacting with the SCA and learning all that I did, I and my brother have been able to lecture in schools around Loch Salann on the Middle Ages, Re-

naissance and Shakespeare. These lectures were very well received, not only by the teachers, but by the students as well, and many glowing reports did we receive from the teachers, who told us that not only did the grades in English and History increase, but also the use of the Library. Another serendipitous happening was that young men began treating the young ladies in a more gentlemanly manner, even opening doors for them, holding chairs for them in the cafeterias during lunches, etc. We felt that we might have had a positive influence on the students with our lectures, and were gratified that those feelings were vindicated, not only by the feedback from the teachers, but through the thank-you cards that many students drew up and sent to us. Much of the artwork would rival anything I have observed in the Questing Quill, or even Tournaments Illuminated. Those students were very good artists.

Through medical reasons and physical happenings, I and my lady have not been able to come and play with the SCA for several years. Now, though, through the help of doctors, my physical abilities are much better and I am looking forward to once more coming and mingling with old friends and making new.

My brother and I happened to see the SCA at one of their events near Gardner Village and, although in Mundane, we felt compelled to once more visit. We were welcomed by many of our old friends in a manner that made us feel full (as were our eyes). We felt like long-lost, but found, relatives and we were grateful to all whom we spoke with.

The current Baroness, Lady Amanda De Spencer I have known since she was a teenager. She has grown into a beautiful and most gracious Lady and as Baroness I know she is leading Loch Salann into greatness along with her most capable husband Baron Æylwin.

I have many wonderful memories of the SCA and look forward to returning to the Barony once more.

Yours in Absentia: *Eric of Armagh (Thomas Carroll)*

# CAMPING SEASON is here

This issue's special topic is on ways to have a fun, safe and successful camping season. Some of my best SCA memories are of camping events in the Uintah Mountains at my favorite spot, Iron Springs. Artemisian Games is an event I miss and remember with great fondness. Below are a few other memories gathered from some of the members of the Barony's Facebook group. I hope to see each of you around a campfire this summer.

--Rhianna

## **What is your favorite SCA camping memory, site or event? And Why?**

Janice Spencer-Wise: Fire light singing

Bethoc Cruford: It's a toss up between the Harvest War site in Mantua and the Niagra site in Idaho (can't remember the name of the event). Why? level ground for walking and toilets that flush. The Harvest War site is also quite magical.

Bethoc Cruford: The event in Idaho was Hearth warming.

Janice Spencer-Wise: My favorite camping event ... Nearly any war. There is a sense of excitement as you prepare. A sense of desperation as you pack and you wonder why in the name of heaven you do this. A sense of frustration as you set up and discover all the things you forgot. A sense of amazement when everything is in place. A sense of joy as you see old friends or make new ones. A sense of belonging as you laugh, talk and share with each other. A sense of relief as the modern world and its stresses slip away. A sense of anticipation as the fires start to glow on the twilight. A sense of abandon as you lose yourself in song and dance and drums and laughter. A sense of fierce pride as you stand with your shoulder companions and hold the line. A sense of happiness as you are and you see others recognized. A sense of sadness as you pack up to go home. A sense of exhaustion when you are back in the mundane world followed by a strong desire to do it all again.

Morgan Wolf: Sitting in the Court Pavilion at Mudrising, listening to King Sean tell the same story each time someone new joined us, while passing a very good bottle of Scotch.

Rachael Emborg: Aww this is one of my favorite memories too!

Sean Oppenheimer: It was a story crazy enough that it had to be told. Especially as someone else who was part of the story kept showing up.

Morgan Wolf: Truly, Damian's arrival most definitely required a retelling! And more Scotch!

Terry Lopez: one of my fondest memories, my first crown tourney i attended in idaho. setting up the morning is misty....and a lone bagpiper starts to play. goosbumps....

Paula Sageser: I remember early morning bagpipes at Estrella War.

Bethoc Cruford: I remember bagpipes early in the morning at my first Uprising.

Kris Olsen: A couple really stand out for me. Uprising 10 when it got pushed back due to 30 year. It was also the investiture of Prince Sean and Princess Cassandra. My husband was knighted at the evening Grand court. King Brion and Queen Anna lead the populace to a little knoll that was lined with torches where Greg knelt awaiting them. The populace walked up and surrounded the hill and he was knighted. It was magical. Another favorite was the Raptor War when the first Knight of The Kingdom of Artemisia was made. Konrad was sent in vigil on the battlefield and the knighting took place at midnight. There was a stream that ran through the site and when the Chivalry got him from his vigil tent he was dressed all in white. He knelt down in the stream and had water poured over his head and then was brought out the other side to his King and was knighted in the moonlight.

There are many other great camping events but those are a couple of my favorite.

John Neil: Oh my what beautiful Memories

Bethoc Cruford: These are absolutely lovely memories.

Cheri Smith Lambert: My first Knighting ceremony, at dusk, was Sir Brynjolfr's at Hellsgate. Very, very special.



# CAMPING SEASON is here

## A Few Online Resources

Stefan's Florilegium has a list of collected [SCA Camping](#) articles and messages with some really great tips and ideas.

Want to hide an ugly cooler without putting a box around it?

Here are a couple of articles with some techniques:

Cooler covered with decopage - <http://kelly.dwarfworks.com/sca/cooler/>

<http://honorbeforevictory.com/our-cooler-cooler-how-we-turned-a-boring-mundane-cooler-into-an-old-treasure-chest/>

Here is an easy pattern for a folding camp chair cover -

<https://sequinsandsawdust.wordpress.com/2016/06/09/medieval-ish-camp-chair-slipcovers/>

## Campsite Ideas

Leah de Spencer, Viscountess OP, KSCA, OL, Baroness

### Anachronistically Creative Lanterns

Although necessary, there are few things that ruin the medieval image as walking down a dark road at an SCA event and being blinded by a flashlight. Candle lanterns are far more period looking, but let's face it, open flames can cause fires in a city made of fabric. A totally anachronistic solution, and more than a little creative, are the solar candle lanterns. They don't get hot when carried, don't start fires when tipped over, and shed pretty good light. We put a mirror on the back panel to focus the light forward. If you install the candle (battery operated) that looks like a moving flame it is even better. One cautionary note, be careful since the battery candles are often made of wax, they are not solar, so don't leave them in the sun as the wax will melt leaving it looking a little like the "Terminator" when his flesh melted away.

### How can I hide my ice chest?



One of the hardest things to make look less mundane and still be available to use in camp is the ice chest. Over the years we have tried tons of things, but we generally just throw something over the "thing" and put it in a corner. A few years ago we decided to try to come up with a way to really hide it. We devised a challenge to create a way to conceal the mundane monster, Robert built this chest with the help of Mst. Bjorn (who then did the amazing carving on top) to hide a foam ice chest. We later made one for another friend in the form of a viking chest and built in the insulation right into the inside. Both work very well, but I will admit that they are heavy and I love the carved chest and would hate to have anything ruin it... so I don't take it camping anymore. I guess we will just have to make another one that can be kicked around to develop proper medieval patina.





# CAMPING SEASON is here

## Covering up camp chairs or folding chairs



Although a blanket or cloak thrown over a camp chair covers it up and hides the mundane look of your camp, it always looks like a cloak or blanket thrown over a camp chair. You could of course spend lots of money and buy those beautiful and heavy wooden chairs. If neither of these is what you are looking for, there are some interesting options. You could purchase, or better still make chair covers, kind of like the red one in the picture. Or, "Sure Fit" a commercial company also makes chair covers if you don't want to try to make them yourself. If you are interested I'd be happy to let you look at one of mine to see how it is made ( I promise it is brain dead easy)

## Camp Cooking Made Easy

I REALLY HATE MAKING BREAKFAST AT EVENTS

Leah de Spencer, Vicountess, OP,KSCA,OL Baroness



I really hate to fix breakfast at events, and yet I know it is important to send the kids off fed, and if I am to take the field chances are I'm not going to stop and fix a lunch either soooo.... I have found that a little pre-planning works really well. We really like Scotch eggs. They can be eaten "out of hand", or cut up in a sandwich. To make these wonderful breakfast delights you need about a pound of sausage ( or hamburger/nicely seasoned however you like) to every four or five eggs. First hard boil and shell the eggs, then take the sausage mixture and wrap it around the egg. After that I dip the ball in a little beaten egg and milk and roll it in seasoned bread crumbs. Now if I was going to be really authentic I'd deep fry the egg sausage ball, but I have found that this makes them way too greasy when served cold, so I put them into an oven at 350 degrees F, until the meat is done but not dry ( sorry you'll have to experiment as ovens vary a lot for this). When they are done, put them in the refrigerator, and then transfer to ice chest to travel. I often bag them separately in a ziplock bag. So breakfasts are taken care of and I don't have to cook anything on site and my family has a hearty breakfast, and I can get in armor and head for the field without feeling guilty.

**I asked a few of our members to share their favorite easy cooking camp recipes:**

Paula Sageser: How to Make a Campfire Bannock <http://redandhoney.com/how-to-make-campfire-bannock/>



# CAMPING SEASON is here

Kris Olsen: I've made this one a few times, but I use beef as I don't have any venison, but it's delicious and even the kids liked it. I made them ahead of time and then warmed them in a skillet. <http://foodforhunters.blogspot.ca/2012/01/medieval-pasties.html?m=1>

Nikki Burton McCorristin: Hot pockets in tinfoil? This is why I buy into kitchens :)

Paula Sageser: Heheh. What have you found is the typical etiquette when buying into a camp kitchen? Do you usually provide your own eating gear and how often does it involved help with cooking or cleanup?

Nikki Burton McCorristin: Always help. I can't help with cooking but I can with trash, dishes, setting and clearing, etc.

John Neil: I can cook. But serving is what I do love. Also clean up etc

Rachael Emborg: My experience is that the size of the kitchen will determine how often each person is needed to help. The more people, the less work for each person, in theory, but it is nice for everyone to check in and offer help when they are able. Some kitchens have included disposables in the cost, some request that people bring their own dishes (and it is up to the individual at that point if they bring reusable or disposable of their own). It has worked best if trash runs and water gathering/refilling are handled as separate "chores" in the camp and not done by the same people who are doing meal cooking/cleanup. It is also good to keep in mind if the people who you are doing a kitchen with are people who serve in other capacities, such as Royalty, reigning Nobility, or retainers who may be at the whim of scheduling that they don't entirely have control of, and plan meals accordingly. That can mean having simpler meals that can be held over or easily reheated for people who are not able to be in camp at the scheduled mealtime, or however you need to do it. Having the ability for people to make brown-bag take along meals can help too.

Bethoc Cruford: Steaks on the grill

Richard Hart: Look for Dutch oven cook books. Or just practice dishes you like on the grill. Personally I like to cook just about anything.

Richard Hart: Breakfast for kids is top ramen omelets with cheese. One package of ramen, crushed, 4-6 eggs, mix and let soak for a few minutes. Scramble and cover with cheese.

John Neil: I like to pre make omelets you whip eggs, add cheese and precooked diced veggies that you like. Even cooked bacon or sausage if you wish. Put in freezer ziplock bags. Freeze then on site boil them till non runny

Terry Lopez: meals in foil... prepackaged at home, then cooked on site.

Paula Sageser: We like to do the bag omlettes as well. We also pre-cook stew or beef stroganoff and put into heavy bags that we can heat in boiling water. Another great precooked breakfast is scrambled eggs mixed with cooked chicken sausage and cheese, rolled in tortillas and then foil and frozen. Put into the coals to heat, or brown on a grill. Freezing scoops of mashed potatoes also works really well.



I know this isn't remotely period, but it is a great way to get some hydration via celery, and some hearty protein.

## On Concussion

“Sir Helmhide, are you ok?”  
“Sure, I just need to get out of this traffic”  
“Traffic?...”  
“er...sorry, can you help me to my pavilion?”  
“Of course...here you go. Have some water.”  
“Thanks. When did you get here, Reginald?”  
“I got here about 15 minutes ago, just as you were coming off the field from facing Duke Hammermeister.”  
“Don’t be ridiculous. I haven’t fought today. And the way my head hurts, I may not.”  
“OK...You know, you’re not walking so good.”  
“Yeah, maybe I should just sit here in the shade of this babbblequirk for a while.”  
“This what?”  
“You know, the alfhast.”  
“I’m getting a Chirurgeon....”

As the Chirurgeon on duty at the list, you were concerned when you saw the Duke’s great sword strike an unimpeded blow square on top of Sir Helmhide’s head where it landed with a resounding thud. Sir Helmhide dropped immediately. The Marshals ran to his side, and after a long 30 seconds he slowly got up and shook his head. They helped him remove his helm and he was assisted off the list to his waiting squire, Reginald. All appeared fine at the time and you were not summoned to the field. Then Reginald appeared. He tells you Sir Helmhide seems a bit more befuddled than usual. He doesn’t remember his bout with his Grace, and he’s unsteady on his feet and using stranger than usual words Reginald doesn’t feel his Knight’s quite his usual self and is rightly worried.

A concussion is the most common head injury in contact sports, including SCA heavy combat. It is defined as any change in mental status after a head injury. This can include dizziness, headache, difficulty in concentrating, changes in vision or balance, loss of memory after the injury, or loss of consciousness. Fortunately, the standards for helms and blow calibration make concussions much less common in SCA heavy combat than in sports like high school football. You are probably more likely to have a non-fighter with a concussion from accidents at the event site, though this article will deal primarily with fighters as they are unique for wanting to return to the same activity that got them clonked in the first place. Most concussions resolve with no residual problems, however it is important to know the key signs to ensure you aren’t missing a more serious injury.

Unfortunately, there have been at least 16 different

sets of concussion guidelines published. One of the more recent set of guidelines come from the American Academy of Neurology (AAN). I will use these guidelines in this article as they are current and lend themselves well to the SCA setting.

The first consideration is, as always, to the ABCs and c-spine injury. If the patient is unconscious, their c-spine should be immobilized and ambulance called for full spinal immobilization and transport. If the victim is wearing a helm, it should not be removed unless necessary to control the airway. Likewise, any complaint of neck pain should be treated as a neck fracture until proven otherwise.

A grade 1 concussion is defined as symptoms of a concussion lasting less than 15 minutes and no amnesia following the injury. The fighter should be advised not to return to the field until they have been without symptoms for at least 15 minutes.

In a grade 2 concussion, the victim has no memory of events for 30 minutes after the injury or symptoms that last longer than 15 minutes. They can not have been knocked out. These fighters should be advised not to return to fighting for a full week after all their concussion symptoms disappear.

A grade 3 concussion is one that involves any loss of consciousness. If the time of unconsciousness was just a few seconds, the victim should be transported to a hospital for evaluation and stay out of contact activities until the symptoms have been gone for one week. If the time of unconsciousness is more than a few seconds, they should also be evaluated in a hospital, but should wait for two weeks of no symptoms before returning to fighting.

Telling a fighter not to fight is always a touchy situation. As Chirurgeons, we can only make suggestions, not ban them from the field. However, in the case of a concussion, the suggestion should be made as firmly as possible. Further injury should be avoided at all costs because of the second-impact syndrome. If a person who is still symptomatic from a concussion receives a second blow to the head, even a minor one, it can result in very rapid swelling of the brain leading to death from herniation in a matter of minutes (think of squeezing a toothpaste tube... that’s what happens as the brain tries to squeeze out the hole at the base of the skull). While this isn’t common (17 cases were reported from 1992 – 1999), it is entirely preventable.

A less serious problem that can occur if the fighter returns to fighting too soon is postconcussion syndrome. A person with post-concussion syndrome can have fatigue, headache, unstable balance, and dif-

# CAMPING SEASON is here

difficulty concentrating for months following the injury. Gentles with postconcussion syndrome should be evaluated by their physician.

These guidelines assume that this is the first concussion the person has suffered. There is evidence that once you've suffered a concussion, you are more likely to have a second one. All the guidelines recommend a longer return to play period following a second concussion. A third concussion in one season bears a universal recommendation to sit out the remainder of the season.

After an hour of rest and rehydration, Sir Helmhide was only suffering from a mild headache. He was walking and threatening his squire normally. Since he felt pretty good, he was adamant about returning to the list, especially since he didn't remember his first round. After gathering together Sir Helmhide, the Marshal-in-Charge, his Lady, and a couple of his sword brothers, you explain to him that he has suffered a Grade 2 concussion and he shouldn't fight until he has been symptom free for a week. You make sure he knows the decision is his, and also describe postconcussion syndrome and second-impact syndrome. Sir Helmhide feels that the risk is worth taking, however his Lady and household are impressed with your knowledge of the injury and Sir Helmhide spends the remainder of the day cheering on his sword brothers and helping with waterbearing. He's quite proud at evening court when Reginald is named "Most Chivalrous" and is the tourney runner-up to Duke Hammermeister.

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Lillegard, Wade A, Janus D. Butcher, Karen S. Rucker. Handbook of Sports Medicine: A Symptom-Oriented Approach, 2nd edition. Butterworth-Heinemann. 1999.

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## Hydration drinks/tips/ideas? How the heck DO you drink while wearing a helmet?

Ulrich von Grimme: I have seen some people discreetly wear a hydration back under tunics or doublets. Me? At events where I am going to sweat a lot (especially hot events) I take a gallon water jug and try to drink it by closing court. Cooler events I still drink water but not as religiously. Maybe half gallon...

Isabella de Grijalba: You get a gallon jug and put a straw sized hose in it. Fill it with water or sekanjabin. There are several recipes online. It doesn't need refrigeration.

John Neil: Take a few bottles of your favorite hydration fluid in your armor bag. I also chew gum to keep from getting dry mouth. They also have several hats off calls where you take your helm off and get fluid.

John Neil: Oh ya. Not watermelon per se but orange wedges are really good. Some like pickle spears and pickle juice.

Jeremias Xenophon: Camel bak





# Guilðs and Activities

This is the latest known information on our guilds as of the publication date. If you have any updates, have a guild that is not listed, or would like to share your household activities with the populace, please contact the Chronicler, [chronicler@loch-salann.org](mailto:chronicler@loch-salann.org).

## ARCHERY

Archers! Are you ready for another round of Royal Rounds? Time to sharpen those skills and earn those tassels! As a reminder, we have moved outdoors, and if you are unsure as to the location of the site, please see the pinned post in the Loch Salann Archery Facebook group. Don't forget the \$3 cash, or you won't be able to shoot. Check out the Loch Salann Archery Facebook page for updates and weekly shoot information at: <http://www.loch-salann.org/blog/activities/archery-practice/> or <https://www.facebook.com/groups/258853954213137>. You can contact our Captain of the Archers by email at [archery@loch-salann.org](mailto:archery@loch-salann.org).

## ARTS & SCIENCES

More information will be posted on the Baronial Facebook page and the Loch-Salann.org website. Contact for more information: Heloys de Bec - email at [moas@loch-salann.org](mailto:moas@loch-salann.org).

## BARONIAL BARDIC CIRCLE

The Bardic Circle will be holding monthly meetings on the 4th Sunday of each month at the home of HE Amanda de Spencer. Contact Robin de Spencer for additional information 801-520-5481 (no calls after 9 please).

## BREWER'S GUILD

The Brewer's Guild will hold meetings approximately every six weeks. Announcements will be made on Facebook pages and on the Baronial Website. The meetings will be held on Friday evenings and will be at the home of HE Dunkr.

## COOK'S GUILD

Additional information will be posted on the facebook pages for Loch Salann and Loch Salann Arts & Sciences, plus on the Loch Salann baronial website. Please contact Mistress Casamira by email at [jeannecas@gmail.com](mailto:jeannecas@gmail.com) or by phone 801-572-6458 (speak to the Machine) if you have questions.

## FIGHTER PRACTICE

Fighter Practice is currently being held on Tuesdays from 7-9pm. We have moved outside at the Viridian Event Center, 8030 S 1825 W West Jordan, UT 84088. If you have questions, contact the Knight Marshall, by email at [kmarshal@loch-salann.org](mailto:kmarshal@loch-salann.org) or by phone at 801.897.6783 (No calls after 9pm, texting is preferred).





# Guilds and Activities

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## GARDENING GUILD

The Gardening Guild is currently on hiatus. Please contact the Minister of Arts & Sciences if you'd like to participate or help run this guild.

## MIDDLE EASTERN DANCE AND DRUMMER'S GUILD

The Dance and Drummer's Guild is currently on hiatus. Once it starts up again, Lady Zafrah will post dates and times for meetings, but please feel free to contact her if you have questions. Contact Lady Zafrah: 801-971-2308 or [zemlar@hotmail.com](mailto:zemlar@hotmail.com) for additional information or changes.

## MUSICIAN'S GUILD

The Musician's Guild is led by Mistress Anne de Junius (June Olsen), and will be meeting (for the foreseeable future) on Thursdays at 7:00 pm at the home of Mistress Aldgyth atten Fennholme (Diane Keay) in the Avenues, 276 B St. SLC. Everyone is welcome regardless of musical skill. We are a teaching guild and welcome beginners, and all that is required is a love of medieval music. If you can't meet for practice, your musical talents are still most welcome at events. Contacts: Mistress Anne, 801-466-7300; Mistress Aldgyth, 801-598-7867; or Lady Gauden (Leah Sanford), 801-819-9814.

We also have a Facebook Group: <https://www.facebook.com/groups/901096403326655/> If you want to join the group go to the page and send us a request.

## NEEDLEWORKER'S GUILD

The Needleworkers Guild meets on the first Wednesday of the month from 7-9 PM at the home of Mistress Bethoc du Cruford. Location 628 N. American Beauty Drive, Salt Lake City UT 84116. If you need more info or have questions you can contact Bethoc at 801.322.4984 or email her at [leishman10@msn.com](mailto:leishman10@msn.com). The group has a [Facebook Page](#) Barony of Loch Salann Needleworker's Guild, where you can read their reports and catch up on their larges projects and the 100 DAYS OF EMBROIDERY challenge.



## THROWN WEAPONS

Thrown Weapons practice is currently on hiatus. Future location and practices days and times will be updated here once we have some more info.

## SOUTHERN PEWTER CASTER'S GUILD

Southern Pewter Caster's Guild currently meets on the 2nd Tuesday of each month at the home of THL Oonaugh. Please contact her for additional information 801-898-7829.



# Contact Information

## WEBSITES

Barony of Loch Salann: <http://www.loch-salann.org>

Kingdom of Artemisia: <http://www.artemisia.sca.org>

Official SCA homepage: <http://www.sca.org>

## BARON AND BARONESS

Æylwin de Spencer & Amanda de Spencer, 801-520-5482

(Please, no calls after 9:00 p.m.) [Baron@loch-salann.org](mailto:Baron@loch-salann.org)

& [baroness@loch-salann.org](mailto:baroness@loch-salann.org)

## OFFICERS

**Out of respect for all of our officers, Please, no phone calls after 9:00 p.m. - Thank you!**

**Seneschal:** *Luveday de Salford*

801-910-4644, [seneschal@loch-salann.org](mailto:seneschal@loch-salann.org)

**Deputy:** Heinrich Eisen

**Minister of Arts & Sciences:**

*Mistress Heloys de Bec*

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**Herald:** *Lord Chagatai Burilgi*

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**Deputy:** Deryck of Annesley

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**Thrown Weapons Captain:**

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**Deputy:** Ulrich Von Grimme

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801-232-1617, [quartermaster@loch-salann.org](mailto:quartermaster@loch-salann.org)

**Sheriff:** *Lord Vincenzo Del'Aquila*

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**Webminister:** *Lord Jevan de Berwyn*

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**Youth Officer:** *Lady Arianna Rhosyn*

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**Deputy:** Viktoria Eisen