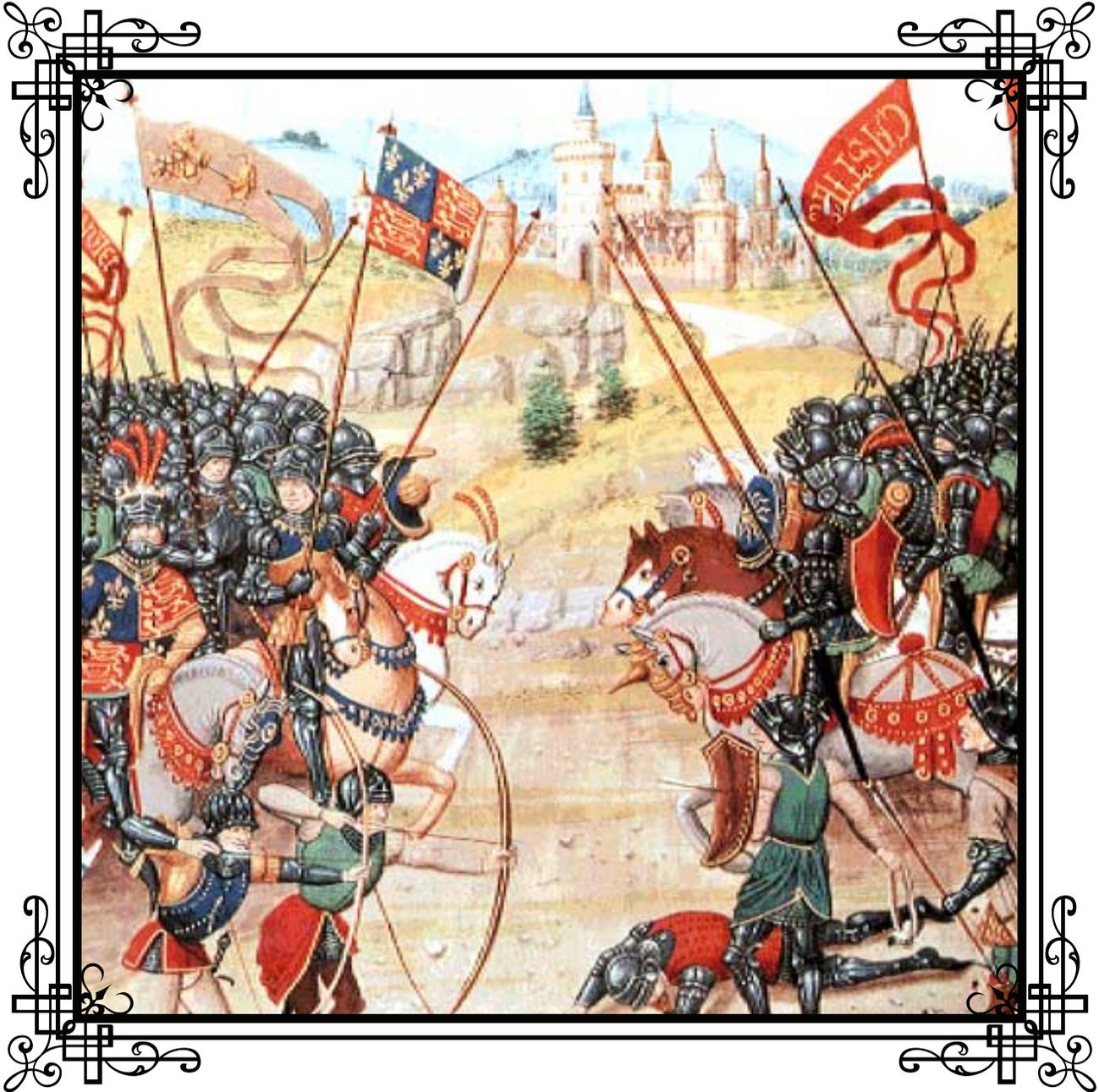


Barony of Loch Salann,
Questing Quill



May A.S. XLVIII, 2013



This is the Questing Quill, published by and for the members of the Barony of Loch Salann of the Society for Creative Anachronism, Inc.

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Casamira's Corner

The Pun is Mightier Than the Sword!



My ability to say “adios”
and “au revoir” makes me
bye-lingual.



By: Mistress Casamira Jawjalny, OL, OP, GA





Message from the Baron and Baroness

Unto the populace of the Ancient and Glorious Barony of Loch Salann, we do send greetings,

We are grateful to be able to attend the many events hosted throughout the Kingdom of Artemisia. The hospitality given us at every venue is exceptional and we appreciate the thoughtfulness of those involved in creating such a welcoming atmosphere.

Early last month we had the pleasure of attending the Crown Tournament, put on by Their Majesties in the Barony of Arn Hold. Once again, the prowess of our fighters, from the Barony of Loch Salann shined brightly during the tournament. We would like to take this opportunity to welcome the new heirs to the Gryphon thrones, HRH Robert le Raven Macleod and his inspiration HRH Sajah al ish Shiraziyyah. In addition, Lord Tighearnan mag Cenndrighan, was accorded the honor of bearing the Shield of Chivalry for Their Majesties.

Upon our return from the western reaches of the kingdom, the Province of Arrow's Flight hosted this year's Southern Collegium. Lady Perwyr and her staff did an excellent job as always in providing a full day of classes and demonstrations on a wide variety of topics. One of the highlights was the day long pewter casting workshop put on the populace of the Barony of Arn Hold.

Just last week, we had the opportunity to attend the Feast of St. Pyre in the Shire of Cote du Ciel. This was the first time we have been able to attend this event and it will not be our last. For a relatively small event, it was amazing the number and variety of activities

taking place. A little bit more light-hearted than some events, the format provided a relaxing and most enjoyable day with our friends, topped off by a fantastic feast.

By the time you read this we will either be at the Kingdom Arts and Science event in the Shire of Castelleone Nuovo, on our way back home. We are looking forward to seeing the tremendous talents of the populace that are always in abundance at this event. With the competition in the northern part of the kingdom, hopefully we will be seeing the works of those not often seen in our area of Artemisia.

The following week will find us at Middle Eastern War in the Province of Arrow's Flight. They have moved the venue back to the Castle in Provo, so it won't be such a long drive to the eastern edge of the kingdom as it was last year. Two weeks following that will be Quest in the Barony of Gryphon's Lair. Historically plagued by foul weather, we have been promised that blue skies and warm temperatures will prevail this year. We hope as many of you as possible will join us at these upcoming events.

Soon these one day events will give way to the camping events and even more opportunities for everyone to enjoy the company of our group and participate in the activities we have chosen. We are looking forward to seeing those of you who have been unavailable over the winter months and we are certain the event staffs will make our time at the events even more enjoyable than it has been.

Bjorn Hrafnsson and Jennet Moir de Brechin
Baron and Baroness of Loch-Salann

Message from Their Royal Highnesses



HERE YE, HERE YE!!!

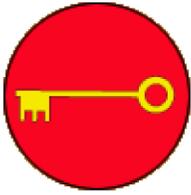
Unto the populace of Loch Salann do Their Highnesses Raven and Sajah send greeting. As all things begin we know that all things must come slowly to an end, so does the reign of our beloved Baron and Baroness of Loch Salann, as such we would like to announce that we are accepting letters of intent for Baron and Baroness of Loch Salann until June 30th, please send letters to Their Majesties, The Kingdom Seneschal Baroness Katya and Ourselves email addresses are found below.

Crown@artemisia.sca.org

Seneschal@artemisia.sca.org

Heirs@artemisia.sca.org

Their Royal Highnesses
Raven and Sajah



SENESCHAL

Populace of Loch Salann, I have three things to address with you this month.

First, our Baron and Baroness have announced that they will be stepping down at the end of this year. Their Highnesses have informed me of the schedule for finding our next Baron and(or) Baroness. Letters of intent or interest for the position will be accepted until June 30. Letters must be sent to the Royals and to the Kingdom Seneschal. There will be 3 meet and greets with the baronial candidates in July. Polling letters should be mailed the first week of August and must be returned either by mail or delivered by hand to their Highnesses no later than Aug 31.

Second, their Highnesses have requested we place a bid for the kingdom event Coronation. We solicit anyone who is interested in autocrating this event to inform me and we can start the paperwork.

Third, their Excellences are seeking a land steward for the Loch Salann baronial camp this Uprising. Please contact me if you are interested in providing this service.

- Baron Mac Con mac Rodain

Seneschal – Barony of Loch Salann.



CHRONICLER

Greetings Quill readers! The weather has warmed up and the Barony is coming alive again with all the outdoor activities and events. As many of you

travel and attend events during the next several months I would like to ask that you keep an eye out for interesting

stories, photos etc. that you think we should showcase in our newsletter. If you come across anything you think our readers would enjoy then please send it my way and I will find a place to highlight it in an upcoming newsletter.

I am always looking for interesting photos to use for the cover so if you have any photos you would be willing to share please let me know as well.

Yours in service,

- Jevan Goedwen

Chronicler – Barony of Loch Salann



MINISTER OF ARTS AND SCIENCES

Greetings to the Members of the Barony of Loch Salann!!!

With the arrival of May, I finally see tulips in my yard. Spring can't be that far off. Well, unless it snows again. I think we may skip spring entirely and head straight into Summer.

In the world of the Arts & Sciences, April brought about boiled wool slippers created and taught by Sister Scholastica. The class was a great deal of fun and we had a huge turn out from people all over the southern half of the Kingdom. For May we will be creating hand painted canvas heraldic devices. This will be done at Fighter Practice on May 15th. It looks like we will have a great group coming for this as well.

Southern Collegium was very exciting and quite the educational experience. A special thanks to our friends in

Officer News

Arrow's Flight for hosting the event, and a special thank you to the Arn Hold Pewter Caster's Guild for coming down and creating a huge interest in pewter casting. Because of that interest, we are looking to form a guild for the southern half of the Kingdom. We will hold an informal gathering to talk about creating this Guild on Friday, May 17th. More information regarding time and location will be posted on Facebook, the Yahoo Group and the Baronial Websites. This should be a great deal of fun. I know I can't wait.

I want to take a minute and ask about the 50 for 50 Challenge. As we just crossed over into our 48th year, we have but two short years left to finish our projects. How is everyone doing? I would love to talk to people at Uprising and see what they are working on, their progress and what needs to be done to meet the 50 for 50 Challenge.

I hope everyone is having a wonderful time getting outside and doing those activities that have been forced to lay dormant for the past few cold months. Have a wonderful Spring, because I bet next month, it will be Summer!!

Yours In Service,

- Winifred de Whitehorse

Minister of Arts & Sciences – Barony of Loch Salann



YOUTH OFFICER

Attention Youth! We will be having our monthly Youth Activity on May 20th from 6:30 to 7:30 p.m. We will be working on our pouches for our awards. Please let me know if you are going to be there

so I can make sure I have enough kits for everyone. You can contact me at lbanderson516@gmail.com or call me at 801-897-7412. If I don't answer, please leave me a message. Also you can message me on facebook or just comment on one of the reminders. If you have any questions, please let me know. We look forward to seeing you there.

Yours in service,

- Arianna Rhosyn

Deputy Youth Officer



Upcoming Events

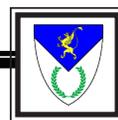


MIDDLE EASTERN WAR X

May 10 -13, 2013

The Castle, Provo, UT

[http://www.arrows-flight.org/
me.htm](http://www.arrows-flight.org/me.htm)



QUEST

May 25, 2013

Lomond View Park,
Ogden, UT

[https://www.facebook.com/
events/500207116693137/](https://www.facebook.com/events/500207116693137/)



MELEE MADNESS

June 1, 2013

The Castle, Provo, UT

[http://loch-salann.org/blog/
events/melee-madness-2013-
barony-of-loch-salann/](http://loch-salann.org/blog/events/melee-madness-2013-barony-of-loch-salann/)



UPRISING XXVII

June 11th - 16th ,2013

Shelley, ID

[http://www.barony1000eyes.org/
UprisingWar/home.aspx](http://www.barony1000eyes.org/UprisingWar/home.aspx)

Do you like the new events section? Or, would you prefer more information on events in your newsletter? Let me know what you think about this new layout, send in your comments or feedback to the Chronicler Jevan Goedwen at foilrose7@gmail.com



PANDEMAYNE

In the Middle Ages, bread assumed as important a role as it does today. Everyone, even the poorest peasant, ate some form of bread, and there was a thriving industry of millers & bakers that served the needs of the Medieval populace. Bread was considered such an important commodity that harsh laws concerning its production existed, and a baker found guilty of making insubstantial loaves would be jailed or corporally punished. An honest baker would be guaranteed a good living from his guild, and an income secured by contract. In 1303, a The London Bakers Company assured their bakers a profit allowance that covered the cost of wood, candles, journeymen & apprentices, salt, yeast, the miller's charges, the baker's house, a dog, a cat, and a wife.

The average person, on the whole, did not bake their own bread. People who grew grain & wheat would usually take it to a miller for processing, then take the flour to a baker; while others merely purchased their bread directly from a baker which resulted in few recipes being copied, handed down or placed in very few cookbooks of that time, those that did survive shows us that the technique of breadmaking has changed very little over the centuries. Except for quality of ingredients, a loaf homemade today is very much like those of yesterday. In Medieval times, loaves were generally round, with a cross-shape cut in the top.

Bread varied from class to class; the poor ate coarsely ground dark bread, while the rich consumed a much more

sophisticated product. White was the best, and Pandemayne was the finest of the white breads made. The word Pandemayne is French in origin, and survives today as pain, the modern French word for bread.

A trencher (Old French for trancher; meaning “to cut”) is a type of tableware, commonly used in medieval cuisine. Originally a trencher was a piece of stale bread cut into a square shape and used as a makeshift plate upon which food could be placed before being eaten. At the end of the meal, the trencher could be eaten with sauce, but was more frequently given as alms to the poor. Later the trencher evolved into a small plate of metal or wood. People used this utensil to eat the many stews and porridges that made up their daily diet.

- Scully, Terence. *The Art of Cookery in the Middle Ages*. Woodbridge: The Boydell Press, 1995.

ABOUT THIS RECIPE:

This is very much a 20th century recipe; however, as stated earlier, very few recipes for bread survive from the Medieval period, and what information we do have tells us that, except for differences in the leavening agent and the types of ingredients used, basic bread-making has remained essentially the same throughout the ages. This recipe will provide you with an excellent white bread that would have been considered very fine fare in the Middle Ages. For an authentic period bread recipe from the Middle Ages, please see David Friedman’s translation located on this site at: On Bread. Platina Book 1.

PANDEMAYNE (Modern Recipe)

- 1 package yeast
- 1/4 cup water
- 2 cups milk, scalded
- 2 tbs. sugar
- 1 tsp. salt
- 1 tbs. oil
- 6 1/4 cups flour, sifted

Cooking directions:

Soften yeast in warm water. Combine hot milk, sugar, salt, and oil. Cool to lukewarm. Stir in 1/4 of the flour; beat well. Add the softened yeast;

mix. Add enough of the remaining flour to make a stiff dough. Knead till smooth. Shape dough in ball; place in a lightly greased bowl. Cover and let rise until doubled. Punch down. Let rise again until doubled. Cut in portions. Shape each in a smooth ball. Cover; let rest 10 minutes. Shape in round loaves. Place on greased pans. With a sharp knife, slash an “x” or a cross on top, and let rise until doubled. Bake at 400° F for 35 minutes or until done. Brush tops with butter.

- *Better Homes & Gardens, ed. Bread Cook Book*. New York: Meridith Press, 1963.

Respectfully in Service - *Baroness Sheelaegh*

MEDIEVAL CRYPTOGRAM PUZZLES

Cryptogram puzzles are sentences or paragraphs that are encrypted with a letter substitution. In this case each cryptogram puzzle is related to medieval times. Each puzzle uses a different letter substitution encryption. An example of a letter substitution encryption may be like this: The word MEDIEVAL could be encoded to XPQAPCWZ if M=X, E=P, D=Q, etc... Find the right letter substitutions to solve these cryptogram puzzles.

MEDIEVAL CASTLE

ESTXALTM KABA RLBA LHYAT JLFVYAE ZT YPA FVMYJA'M PZXPAMY YLKAB YPVT ZT YPA EVBQ FLJE
CVMARATY LH V FVMYJA. YPZM ZM CAFVSMA YPA YLKAB'M TVBBLK MYVZBM RVEA YPA YLKAB
AVMZAB YL EAHATE YPVT V CVMARATY.

MEDIEVAL KNIGHTS

SCB PXEB XZ PCDWQYVK ASQSBE SCQS Q JIDMCS ACXHYE NB NVQWB QIE ZBQVYBAA DI NQSSYB
NHS RXHYE QYAX CQWB PHYSHVBE JIDMCSYK OHQYDSDBA AHPC QA NBDIM EBWXHS, PXHVSXBHA
QIE MBIBVXHA.

LIFE OF A PEASANT

AH PQLAQXVM RAPQI DQVIVHR JNAMLTQH GEAHQL RNQAT DVTQHRI CETOAHS EH RNQ MVHL VI
IEEH VI RNQZ JEYML. RNQZ CEYML LE MASN R CETO MAOQ JMQVTAHS IREHQI FTEP RNQ MVHL VHL
JNVIAHS WATLI VCVZ CNQH RNQ IQQLI CQTQ IECH.

Bring the answers to the Deputy Youth Officer Arianna Rhosyn and get a special prize. You may also email your answers it to her at lbanderson516@gmail.com.



ARCHERY

Starting on May 2nd, we will start shooting outdoors. The outdoor range will be on the BLM land near Erda. For those of you who cannot make it out to that location during the week, there will be a marshal at Salt Lake Archery each thursday running a shoot. So...no matter what the situation, there will be a location available for shooting. We will be organizing outdoor shoots in Erda at least one saturday during the month so that those who would like an opportunity to shoot outside, but can't get out there on thursdays will have one.

Check out the Loch Salann Archery facebook page for updates and weekly shoot information. <https://www.facebook.com/groups/258853954213137/> Or contact Lady Aingeal, Captain of the Archers, 801-633-8908 or by email at aegthelionswife@gmail.com.

ARTS & SCIENCES – MONTHLY (THIRD WEEK OF THE MONTH)

Arts & Sciences Night will be held Wednesday, May 15th, from 7 – 9 p.m.at our outdoor Fighter Practice site at Sugarhouse Park. We will be painting canvas device banners. The time and date for upcoming meetings will be announced on the Barony of Loch Salann Arts & Sciences Facebook page and on the Baronial Website.

The time and date for upcoming meetings will be announced on the Barony of Loch Salann Arts & Sciences Facebook page and on the Baronial Website. Contact information for Winifred de Whitehorse 801-550-0464 (no calls after 9), or by email at Winifred.whitehorse@gmail.com.

BARONIAL BARDIC CIRCLE

The Bardic Circle will be holding monthly meetings on the 4th Sunday of each month at the home of HE Amanda de Spencer. Contact Robin de Spencer for additional information 801-520-5481 (no calls after 9 please).

BREWER'S GUILD

The Brewer's Guild will hold meetings approximately every six weeks. Announcements will be made on Facebook pages and on the Baronial Website. The meetings will be held on Friday evenings and will be at the home of HE Ryryd or HL Dunkr. For more information please contact HE Ryryd ap Gwerstan by email rcfaevans@comcast.net or by phone 801-706-0075 (no calls after 8, please).

COOK'S GUILD

Cook's Guild will meet on Tuesday, May 28. Additional information will be posted on the facebook pages for Loch Salann and Loch Salann Arts & Sciences, plus on the Loch Salann baronial website. Please contact Mistress Casamira by email at jeannecas@gmail.com or by phone 801-572-6458 (speak to the Machine) if you have questions.

FIGHTER PRACTICE

Fighter Practice is held every Wednesday from 7:00 p.m. until approximately 9:00 p.m. We are now at our Summer location at Sugarhouse Park, 1330 East 2100 South, Salt Lake City, UT. Come watch the heavy weapons and rapier fighters. Loaner gear is available. If you have questions, contact the Knight Marshall, Markos Armenios by email at markwandrews@comcast.net or by phone at 801-673-9558 (no calls after 9, please).

GARDENING GUILD

The Gardening Guild will be meeting on Sundays in the upcoming months. Information will be posted for upcoming meetings, but please feel free to contact the Guild Leader for additional information.

Contact information for Mistress Leah, email: holdtytel@aol.com

MIDDLE EASTERN DANCE AND DRUMMER'S GUILD

The Dance and Drummer's Guild will be resuming this May and will be held at Fighter Practice in Sugarhouse Park. Information will be updated as it becomes available, but please feel free to contact the Guild Leader. Contact Lady Zafirah: 801-971-2308 or zemlar@hotmail.com for additional information or changes.

MUSICIAN'S GUILD

The Musician's Guild continues to meet on Thursday evenings at either the home of Mistress Anne de Junius, or Mistress Mary Amanda.

For question about your instrument or the activities of the guild, please contact Mistress Anne. If you can't meet for practice, your musical talents are still most welcome at events. Contacts: Mistress Anne de Junius -- (801) 466-7300

NEEDLEWORKER'S GUILD

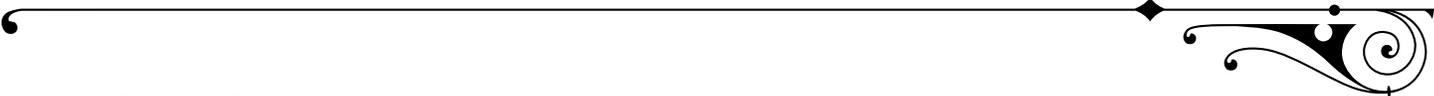
The Needleworkers' Guild will meet on the 2nd Tuesday and the 4th Thursday of the month at the home of THL Bethoc. Contact THL Bethoc by email at leishman10@msn.com or by phone 801-322-4984 for more information. If you are interested in embroidery and needlework, this is a wonderful place to learn, talk to other people about projects and spend some time perfecting your needlework skills. Anyone interested in the Needleworker's Guild may visit our blog at: <http://blsng.wordpress.com/>

THROWN WEAPONS

Thrown Weapons is now being held on Tuesday nights at Lady Amhran's Keep in West Jordan at 2315 w 7625 s. If you have questions, contact Lord Rashied al Wahiel by email at Mtm021053@aol.com or by phone at 801-243-4663.



Contact Information



WEBSITES

Barony of Loch Salann: <http://www.loch-salann.org>

Kingdom of Artemisia: <http://www.artemisia.sca.org>

Official SCA homepage: <http://www.sca.org>

BARON AND BARONESS

Baron Bjorn Hrafnsson and Baroness Jennet Moir de Brechin, 435- 882-0790 (please, no calls after 9PM)

otterness@altamistalpacas.com

GUILDS

Armories:

Sir Raven / M'Lord Enoch, 801-232-1616

Brewers' Guild:

Master Ryryd ap Gwerstan, 801-706-0075

Cooks' Guild:

Mistress Casamira, 801-572-6458

Musicians' Guild:

Mistress Anne de Junius, 801-466-7300

Needleworkers' Guild:

THL Bethoc, 801-322-4984

MidEast Dance & Drum:

Lady Zafirah Bint Al Riyah, 801-971-2308

Gardening Guild:

HE Jerilyn of Vert Silva, jofvertsilva@yahoo.com

OFFICERS

Seneschal

Baron Mac Con mac Rodain

targue@gmail.com

Deputy: Baroness Sheelaegh mac Cathail

jeanne533@yahoo.com

Arts and Sciences

Lady Winifred de Whitehorse

winifred.whitehorse@gmail.com

Deputy: Lady Helchen the Rogue of Capua

Helchen.the.rogue@gmail.com

Deputy: Lady Phaelaine Ellwoode

Angry_redhead01@hotmail.com

Captain of Archers

Lady Aingeal Inghean Garaidh

801-633-8908, AStephens@nelsonlabs.com

Deputy: Lord Brokha Veis

Leishman10@msn.com

Deputy: Lord Bran Ewebank

Bran.Ewebank@gmail.com

Deputy: Jevan Goedwen

foilrose7@gmail.com

Chatelaine

Viscountess Vigdis Hakondottir

916-599-1433 (No calls after 8 pm, please)

Mellane30@gmail.com

Deputy: Lord Aeylwin de Spencer

albertwise@hotmail.com

Deputy: Eithne na Teamhair

rose@whitewingphotography.com

Chirurgeon

Lord Douglas Sutherland

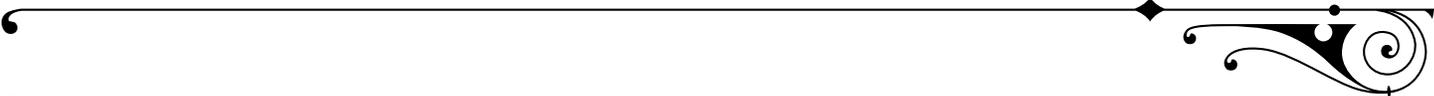
801-280-5445, amadiod@comcast.net

Deputy: Duchess Tianna NiCoiman

Nikkipothead@hotmail.com



Contact Information



Chronicler

Jevan Goedwen

foilrose7@gmail.com

Deputy: Meical ap Gwaredd

Browncoat_7@msn.com

Exchequer

Lord Tighearnan mag Cenndrighan

801-696-2365 (no calls after 9 PM)

tighearnansca@gmail.com

Deputy: Her Excellency Anna de Brabant

rcfaevans@comcast.net

Herald

Lady Oonaugh Inghean Glaisne

801-898-7829, rps0602@gmail.com

Deputy: Vacant

Knight Marshal

Lord Markos Armenios

801-673-0558, markwandrews@comcast.net

Deputy: Sir Robert le Raven MacLeod

RavenMacleod@comcast.net

Deputy: Lord Tighearnan mag Cenndrighan

tighearnansca@gmail.com

List Minister

Lady Badahschia

801-658-9590, jayde_dragyn@yahoo.com

Deputy: Vacant

Rapier Marshal

Lord Lawrence Bacon

801-673-3478, Christopher.alderman@gmail.com

Quartermaster

Juan Sebastian

810-969-5056, Jon.gaffney07@gmail.com

Deputy: Vacant

Sheriff

Lord Vincenzo Del'Aquila

801-864-2771, Rodhansen68@yahoo.com

Deputy: Enoch

Thrown Weapons Captain

Lord Rashied al Wahiel

801-243-4663, Mtm021053@aol.com

Deputy: Lord Ragnarr Rodsteinn

801-255-0622

Webminister

Her Excellency Jerilyn of Vert Silva

jofvertsilva@yahoo.com

Deputy: Vacant

Youth Officer

Lady Monica de Chocolat

801-231-7926, dturney@sisna.com

Deputy: Arianna Rhosyn

801.897.7412, lbanderson516@gmail.com

Out of respect for all of our officers, Please, no phone calls after 9:00 p.m. - Thank you!



Submissions are not only welcome, they are encouraged! Be a part of the newsletter, reach the people, share your knowledge and wisdom.

Please send all submissions to the Chronicler Jevan Goedwen at foilrose7@gmail.com. Please include Questing Quill in the subject line. Submissions must be received by the 27th of each month to guarantee they will appear in the following month's issue.

