

Barony of Loch Salann,
Questing Quill



March A.S. XLVIII, 2013



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Casamira's Corner

The Pun is Mightier Than the Sword!



Henry the VIII portrayed the monarchy badly. This gave birth to the concept of the 'royalty-free image'



By: Mistress Casamira Jawjalny, OL, OP, GA





Message from the Baron and Baroness

Unto the populace of the Ancient and Glorious Barony of Loch Salann, we do send greetings,

Early last month the Armigers and Newcomers Reception was held at Holdtyte Manor. We would like to express our appreciation to Their Excellency's Robert and Leah de Spencer for hosting the event in our absence due to the in climate weather. From all we've heard from those who were able to attend, everyone had an enjoyable evening as the guests of honor were recognized.

We have been invited to a celebration in the Shire of Bronzehelm to rejoice in the six month anniversary of the crowning of our beloved King and Queen, may Their reign last forever. Hopefully all will go well for them, however should something unexpected occur, we are certain the current Heirs to the throne will be prepared to assume the responsibilities of ruling the Kingdom. It is our hope that many of you will be able to accompany us to this event, as it promises to be a grand affair.

Upon our return from the northern reaches of the Kingdom, we are planning to host our first event of the year. Although our Baronial Defenders' have held the land safe over the last year from the dreadful daemon decapod that

periodically threatens our land, we must remain ever vigilant. Tournaments will be held to select the successors for the Heavy Armored Defender, the Rapier Defender, and the Arts & Science Defender for the coming year. Should the saline swilling beast appear, I'm certain our fighters will be victorious in driving the beast back into the depths from which it emerged and regale us with the story of the struggle during our feasting later in the evening. We will also be entertained by those wishing to be considered for the Baronial Bard during the feast.

As I looking out across those attending our fighter practice last week, I was gratified to see the strength and prowess of our fighters as they honed their skills. There were eighteen armored fighters in armor, and twelve rapier fighters in attendance. There is no doubt in my mind that our baronial fighting force is more than capable of defending the Barony against all threats from within and outside the Kingdom.

Although the cold grip of winter is loosening its grip, please take whatever time is necessary to travel safely as you move about enjoying the events these next several weeks.

Bjorn Hrafnsson and Jennet Moir de Brechin
Baron and Baroness of Loch-Salann



MINISTER OF ARTS AND SCIENCES

Greetings to the Members of the
Barony of Loch Salann!!!

Wow, we are already two months into the New Year. My how time flies! Looking out over all the snow, it's hard to believe that spring is right around the corner. With the arrival of spring we move quickly into the busy seasons, filled with events, competitions, and camping.

In just a few days we will hold Loch Salann's first event of the year, Defenders!! As the new Minister of Arts and Sciences, it is my distinct honor to be part of the competition to find the new Arts & Sciences Champion for the Barony. I would like to thank Mistress Leah de Spencer for all her hard work and the great events (remember the Tea at Melee) as last year's champion. She was truly a great champion. Her knowledge, gifts of time and talent, and the desire to shed a great light on the Arts & Sciences for the Barony brought such a level of excitement and information to us all. Mistress Leah, Thank You doesn't seem to cover it.

Check out Facebook and the Baronial Website for the particulars for entering into the Arts & Sciences Championship competition. This is going to be an exciting competition and I can't wait to see everyone's hard work. Another exciting event in March is the Pewter Casting extravaganza (okay, okay, but I really like using extravaganza, it's such a fun word) that is being held the weekend of March 16th. Our wonderful metal workers/pewter casters from the Barony of Arn Hold will be here to share their knowledge and inspire us. Details of this event are also on Facebook and our website. How fortunate we are to have this knowledge available to us.

We have some wonderful classes lined up for upcoming months for our Arts & Sciences monthly meetings. If you have suggestions for classes or teachers, please let me know and I'll try to make them happen.

Finally, I wish to make mention that the Baronial Library is now up and running. A list of the books is on the Arts & Sciences webpage. Check the titles and see if any catch your interest. Members of the populace of Loch Salann with a valid SCA membership in good standing may check out these books. There are so many to choose from, I'm sure you can find something that will interest or guide you!!

I can't wait for Defenders and the Arts & Sciences competition.

Yours In Service,

- Winifred de Whitehorse

Minister of Arts & Sciences – Barony of Loch Salann

SHERIFF

Greetings from the Sheriff. The collection of Lost and Found items has grown to a large size. I would love to find the proper owners so please check the pictures on the Baronial website. This is your last chance, because all unclaimed items will be sold during a silent auction at the Defenders Tourney on March 9th. Please let me know if you recognize any of these items. Also, bring your money to bid on the remaining items. The proceeds will be donated to the Barony.

Thank You,

- Vincenzo Del'Aquila - Sheriff



KNIGHT MARSHAL

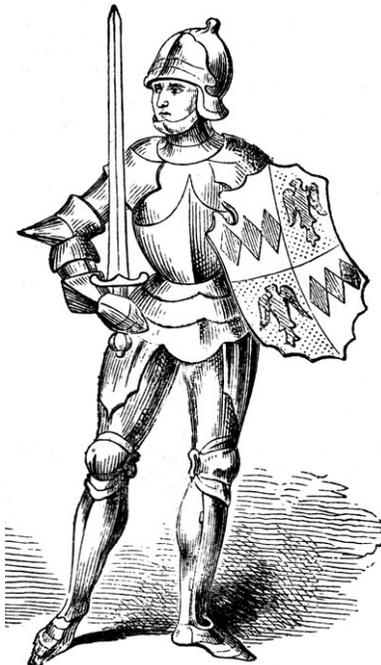
Greetings Unto the populace of our great Barony,

March is now upon us and War season is now upon us. I would like all of the fighters in the Barony to take a moment and look at your armor, look at your gear, anything that you could take on the field of combat with you. Look at these items. Now that you're looking at them, ask yourself: "Is this equipment in good condition? Is it still legal? Does it still work?" You get the idea. I don't want to be the guy to stop your fun, but I want you to be safe and I want others to be as safe as possible when you are fighting them. Take the time to go over your gear you'll be glad you did. Also check your fighter card.

Thanks for your time, yours in service.

- Kyrios Markos Armenios

Knight Marshal-Barony Loch Salann



YOUTH OFFICER

Greetings to our Barony youth and parents. We will be having our first Youth Monthly Activity on March 18th at the Redwood Recreation Center on

3100 South and Redwood Road in West Valley at 6:30 p.m. to 7:30 p.m.

We will be doing at least one activity that will help you towards earning your beads. If you are going to be there, please email or call Arianna Rhosyn at ibanderson516@gmail.com or 801-897-7412 and let her know.

We will be doing a Youth Monthly Activity on the third Monday of the month unless there is an event and then we will let you know when the activity will take place.

If there are any activities you would like to do or are interested in helping with, please contact Monica De Chocolate or Arianna Rhosyn.

We want to make this an awesome year for our Youth and see them get their beads and charms. Watch for each of the different activities that we will be doing each month.

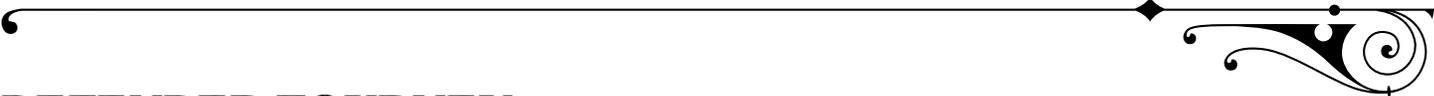
We hope to see you there!

YIS,

- Arianna Rhosyn

Deputy Youth Officer

Upcoming Baronial Events



DEFENDER TOURNEY

March 9, 2013

For 35 years our great and marvelous lands have faced and defeated a mighty foe. Each time this demon dared to threaten us, we the people of Loch Salann looked among us for a mighty defender who would rid our lands of this beast. Each time, that call was answered. Well my friends, once again rumors fill the air that a huge, slimy, multi-limbed creature is roaming our fair lands. Who will answer the call? Come, one and all, join us to defeat this creature and to save our land, our families, and homes from this frightful fiend.

Come well-armed my friends, for the foe we face is cunning and sly. There will be tournaments to see who will be our worthy defenders. The heavy tournament will be led by Sir Bohun the Black, our current defender of these fair lands. A rapier tournament will be held by our brave Rapier Defender Don Elyas Tigar. To celebrate our anticipated victory, an Arts and Science Championship will be held to select the Baronial Champion for the next year. More information will be posted by our Arts and Sciences Minister Lady Winifred Whitehorse. Our gallant Baronial Bard, Lord Lawrence Bacon will be holding a bardic competition to select the next Loch Salann Bard.

Duke Sir Sean Kirkpatrick Tarragon will prepare a Feast to celebrate the occasion. The Feast menu will be posted as soon as it is finalized. Any special accommodations for the Feast will need to be requested by February 9, 2013. Reservations must be submitted by February 28, 2013. If you're interested in the Feast, please send your reservation to Lady Aingeal (astephens@nelsonlabs.com). For each reservation, please send a list including modern and SCA names for each individual, as well as ages of any children. If you wish to receive confirmation please include an email address. More information about prepayment and menu will be posted soon on <http://www.loch-salann.org/> and the Loch Salann Baronial Facebook page.

Additional event details can be found online at: http://www.loch-salann.org/docs/defender_13ann.html



Upcoming Kingdom Events

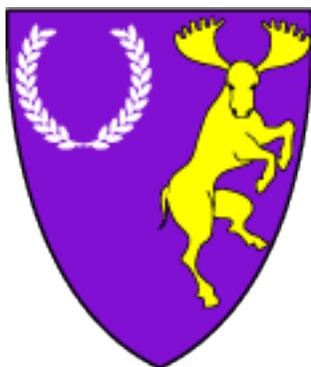


SPRING FEAST

March 23, 2013

As the cold winds begin to give way to the first whispers of Spring, a feast in celebration of the long winter's end takes place in the valley of Hell's Gate. It is time once again to celebrate the passing of Winter into Spring, and share the toils of the cold, dark months. Join us in the Barony of Sentinels' Keep for our Baronial Arts and Sciences competition. There will be a feast, as well as a fundraising lunch to curb the appetites of all that attend. So come and display your work (and your wares, merchants).

Additional event details can be found online at: http://www.sentinelkeep.org/site/ai1ec_event/spring-feast/?instance_id=1630



SPRING CROWN TOURNAMENT

April 6, 2013

On behalf of Their Royal Majesties; Their Royal Highnesses would invite one and all to the Barony of Arn hold to compete in Spring Crown Tournament. It is Their Royal Highnesses intent to have the glory of Artemisia represented in pageantry and chivalry. They would ask that each competitor and consort please bring their banner and heraldry to be displayed before the Crown of Artemisia as each are presented in court. Their Royal Highnesses would also invite all citizens of Artemisia to bring their banners and colors forth to share in display with the rest of Artemisia.

Additional event details can be found online at: http://www.baronyarnhold.org/Spring_Crown_2013.html

Thyme in the Kitchen

A Pottage was a meal created in the Middle Ages made of vegetables, and if they were lucky enough, meat. It is often eaten with bread. It is just like a thin vegetable stew with meat. It is very nutritious, although vegetables were not thought to be so in the Middle Ages. In fact, the word vegetable was not used; all green things were herbs. The root vegetables were considered only fit for the common folk and were not eaten by the wealthy.

The peasants would not have been able to afford much meat, so would rely on this soup as their staple diet with bread and cheese. The vegetables in the soup would depend upon what the people had grown and what time of year it was. The amounts of vegetables would also vary according to taste. Often the soup was made with only a few of the possible ingredients with one vegetable dominating (e.g. cabbage pottage and leek pottage were considered among the favorites). The peasants would not have had salt etc so the herbs are important. Adjust the quantity of the ingredients according to your own tastes.

I hope you enjoy this recipe!! - *Baroness Sheelaegh*





Beef Stew

Original: Beef y-Stywyd. Take fayre beef of þe rybbys of þe fore quarterys, an smyte in fayre pecys, an wasche þe beef in-to a fayre potte; þan take þe water þat þe beef was sopin yn, an strayne it þorw a straynowr, an sethe þe same water and beef in a potte, an let hem boyle to-gederys; þan take canel, clowes, maces, graynys of parise, quibibes, and oynons y-mynced, perceli, an sawge, an caste þer-to, an let hem boyle to-gederys; an þan draw it þorw a straynoure, and let it be styлле; an whan it is nere y-now, caste þe lycour þer-to, but nowt to moche, and þan let boyle onys, an caste safroun þer-to a quantyte; þan take salt an venegre, and cast þer-to, an loke þat it be poynaunt y-now, & serue forth.

Translation: Beef Stewed. Take fair beef of the ribs of the fore-quarters, and smite in fair pieces, and wash the beef into a fair pot; then take the water that the beef was seethed in, and strain it through a strainer, and seethe the same water and beef in a pot, and let them boil together; then take cinnamon, clovers, maces, grains of paradise, cubebs, and onions minced, parsley, and sage, and cast thereto, and let them boil together; and then take a loaf of bread, and steep it with broth and vinegar, and then draw it through a strainer, and let it be still; and when it is near enough, cast the liquor thereto, but not too much, and then let boil once, and cast saffron thereto a quantity; then take salt and vinegar, and cast thereto, and look that it be poignant enough, and serve forth.

Interpretation:

3 lbs stew beef	1 large onion, minced
3-4 cups of water	3 tbsp parsley
1/2 tsp cinnamon	1.5 tsp dried sage
8 whole cloves	4-6 tbsp unseasoned bread crumbs
1/2 tsp mace	1/2 cup vinegar
10 grains of paradise	10-20 threads of saffron
10 cubebs	1 tsp salt

Place beef, water, parsley, onion and all spices into a pot. Bring to a boil, reduce heat and let simmer until the beef is cooked and tender, approximately 1 – 1/2 hours. Remove meat from broth. Add breadcrumbs to broth and stir regularly until sauce is thickened to desired consistency. Add vinegar and cooked meat into pot. Let cook for 5 minutes, then serve.

****This recipe is taken from the fifteenth century French publication the Le Viandier by Taillevent.**



Note From the Needleworkers Guild

At this month's meeting, we were joined by one of our cousins to the north, m'lady Vadoma who hails from the shire of Cote du Ciel. We are most happy to welcome her as well as other embroiderers from throughout our neighboring regions who wish to be active members in our guild. Vadoma is an experienced embroiderer and was busy working on a lovely piece of embroidery drawn and stitched directly onto a tunic. The stitch was simple, but the pattern beautiful, it will look wonderful when it's finished. I look forward to seeing her other works of art at future activities and/or events. She has many years of experience in cutwork techniques, so can probably teach us all a thing or two. She promises to bring a few of her past works to display for us. Baroness Jennette brought several examples of her work to demonstrate her skill in Cross Stitch and Blackwork. The pieces presented qualify her for advancement to the level of novice. Bronwyn continues to work on the 2nd piece of Assissi work for her sleeves using long arm cross stitch. The piece is progressing nicely. I worked on some cross stitch pieces using Vinciollo patterns.

We talked about making a few changes to the criteria for guild advancement, the content from our original categories were based on information in another guild from many years ago. We all felt a need for a few more categories as well as movement of some techniques from one category into another. The listing will be sent in the near future for review and discussion by all of our guild members afterwhich a final list will be published. Cross stitch and Blackwork will remain in the the category of 'Counted Thread'. Hardanger will move to the cutwork category, etc.

Those interested in joining us for the first time are welcome to contact me directly either by phone or email. See our web page and/or blog for additional information. Membership in the guild is not a requirement for attendance at our meetings.

For the time being, we will continue to meet only on the 2nd Tuesday of the month.

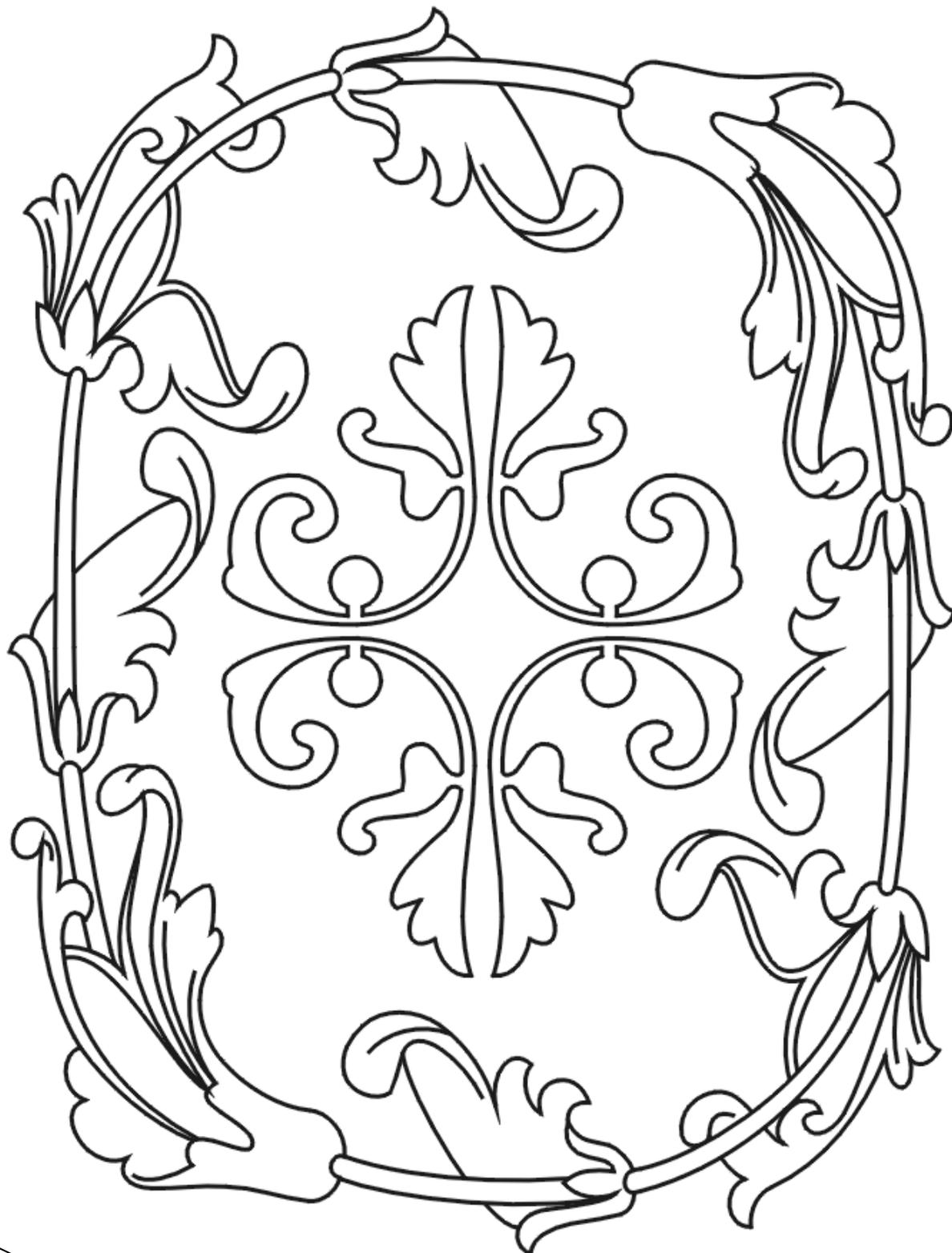
Our next meeting will be on Tuesday, March 12th from 7 - 9:00 P.M.

In service,

THL Bethoc

Illumination Activity

Try your hand at illumination and color the drawing below.



ARCHERY

Archery Practice is held every Thursday from 6:00 PM until approximately 9:00 PM. Join the archers of Loch Salann as they hone their skill with bow and arrow. The Barony has loaner gear for the use of newcomers. We are currently at our indoor location at Salt Lake Archery, 1130 Wilmington Avenue. The cost is \$6 per week.

Check out the Loch Salann Archery facebook page for updates and weekly shoot information. <https://www.facebook.com/groups/258853954213137/> Or contact Lady Aingeal, Captain of the Archers, 801-633-8908 or by email at aegthelionswife@gmail.com.

ARTS & SCIENCES – MONTHLY (THIRD WEEK OF THE MONTH)

Arts & Sciences Night will be held Saturday, March 16, 2013, from 10:00 a.m. until 6:00 (ish) pm at the home of HL Dunkr and HL Oonaugh. Pewter Casters from Arn Hold are traveling down to do an extensive class, which will include beginning, intermediate and if time allows more advanced pewter casting.

The time and date for upcoming meetings will be announced on the Barony of Loch Salann Arts & Sciences Facebook page and on the Baronial Website.

Contact information for Winifred de Whitehorse 801-550-0464 or by email at Winifred.whitehorse@gmail.com.

BARONIAL BARDIC CIRCLE

The Bardic Circle will be holding monthly meetings on the 4th Sunday of each month. As a new Bard will be found at Defenders on March 9, 2013, these meetings could change. Contact information will be provided as it becomes available. Contact Lawrence Bacon for additional information Christopher.alderman@gmail.com or 801-673-3478 (no calls after 9).

BREWER'S GUILD

The Brewer's Guild will hold meetings approximately every six weeks. Announcements will be made on Facebook pages and on the Baronial Website. The meetings will be held on Friday evenings and will be at the home of HE Ryryd or HL Dunkr. For more information please contact HE Ryryd ap Gwerstan by email rcfaevans@comcast.net or by phone 801-706-0075 (no calls after 9, please).

COOK'S GUILD

Cook's Guild will meet on Tuesday, March 5th at the home of THL Vogg and Lady Aingeal will prepare the menu. The next Cook's Guild will be the March 26. Please contact Mistress Casamira by email at jeannecas@gmail.com or by phone 801-572-6458 (speak to the Machine) if you have questions.

FIGHTER PRACTICE

Fighter Practice is held every Wednesday from 7:00 p.m. until approximately 9:00 p.m. We are now at our winter, indoor location at Zion's Bank on Redwood Road, Salt Lake City. Come watch the heavy weapons and rapier fighters. Loaner gear is available. If you have questions, contact the Knight Marshall, Markos Armenios by email at markwandrews@comcast.net or by phone at 801-673-9558 (no calls after 9, please).

GARDENING GUILD

The Gardening Guild is currently on hiatus for the winter months. Come spring, they plan to resume their meetings on the Third Sunday of the month. Contact Her Excellency Mistress Jerilyn of Vert Silva (Jeri Foster) jofvertsilva@yahoo.com for more information.

MIDDLE EASTERN DANCE AND DRUMMER'S GUILD

The Dance and Drummer's Guild is currently on hiatus. Announcements will be made when they resume in the spring. Contact Lady Zafirah: 801-971-2308 or zemlar@yahoo.com for additional information or changes.

MUSICIAN'S GUILD

The Musician's Guild continues to meet on Thursday evenings at either the home of Mistress Anne de Junius or Mistress Mary Amanda.

For question about your instrument or the activities of the guild, please contact Mistress Anne. If you can't meet for practice, your musical talents are still most welcome at events. Contacts: Mistress Anne de Junius -- (801) 466-7300

NEEDLEWORKER'S GUILD

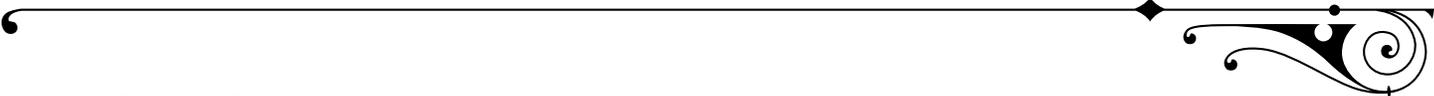
The Needleworker's Guild meets will be meeting only on the Second Tuesday of the Month. Contact THL Bethoc by email at leishman10@msn.com or by phone 801-322-4984 for more information. If you are interested in embroidery and needlework, this is a wonderful place to learn, talk to other people about projects and spend some time perfecting your needlework skills. Anyone interested in the Needleworker's Guild may visit our blog at: <http://blsng.wordpress.com/>

THROWN WEAPONS

Thrown Weapons is on hiatus for the winter. Information will be posted when practice resumes. Thank you for all those who participated and attended throughout the season. If you have questions, or need additional information, contact Lord Rashied al Wahiel by email at Mtm021053@aol.com or by phone at 801-243-4663.



Contact Information



WEBSITES

Barony of Loch Salann: <http://www.loch-salann.org>

Kingdom of Artemisia: <http://www.artemisia.sca.org>

Official SCA homepage: <http://www.sca.org>

BARON AND BARONESS

Baron Bjorn Hrafnsson and Baroness Jennet Moir de Brechin, 435- 882-0790 (please, no calls after 9PM)

otterness@altamistalpacas.com

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Sir Raven / M'Lord Enoch, 801-232-1616

Brewers' Guild:

Master Ryryd ap Gwerstan, 801-706-0075

Cooks' Guild:

Mistress Casamira, 801-572-6458

Musicians' Guild:

Mistress Anne de Junius, 801-466-7300

Needleworkers' Guild:

THL Bethoc, 801-322-4984

MidEast Dance & Drum:

Lady Zafirah Bint Al Riyah, 801-971-2308

Gardening Guild:

HE Jerilyn of Vert Silva, jofvertsilva@yahoo.com

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Leishman10@msn.com

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Bran.Ewebank@gmail.com

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albertwise@hotmail.com

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rose@whitewingphotography.com

Chirurgeon

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801-898-7829, rps0602@comcast.net

Deputy: Lord Bjarki Hvitabjarnarson

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Lord Markos Armenios

801-673-0558, markwandrews@comcast.net

Deputy: Sir Robert le Raven MacLeod

RavenMacLeod@comcast.net

Deputy: Lord Tighearnan mag Cenndrighan

tighearnansca@gmail.com

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Rapier Marshal

Lord Lawrence Bacon

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Deputy: Vacant

Quartermaster

Juan Sebastian

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Deputy: Vacant

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Thrown Weapons Captain

Lord Rashied al Wahiel

801-243-4663, Mtm021053@aol.com

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801-255-0622

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Her Excellency Jerilyn of Vert Silva

jofvertsilva@yahoo.com

Deputy: Vacant

Youth Officer

Lady Monica de Chocolat

801-231-7926, dturney@sisna.com

Deputy: Arianna Rhosyn

lbanderson516@gmail.com

Out of respect for all of our officers, Please, no phone calls after 9:00 p.m. - Thank you!



Submissions are not only welcome, they are encouraged! Be a part of the newsletter, reach the people, share your knowledge and wisdom.

Please send all submissions to the Chronicler Jevan Goedwen at foilrose7@gmail.com. Please include Questing Quill in the subject line. Submissions must be received by the 27th of each month to guarantee they will appear in the following month's issue.

