

Barony of Loch Salann,  
**Questing Quill**



January A.S. XLVIII, 2013



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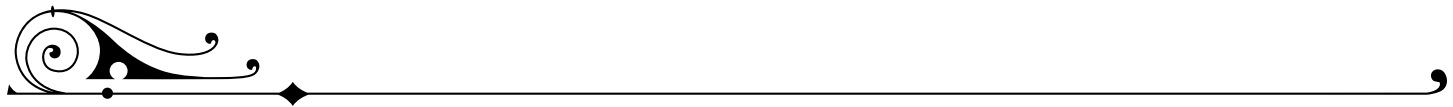
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## Message from the Baron and Baroness

Unto the populace of the Ancient and Glorious Barony of Loch Salann, we do send greetings,

As the year comes to an end, we hope everyone has had as wonderful a holiday season as we have enjoyed. It is always such a blessing to have the opportunity to share our time with so many of the people who have made the previous year so special. To the best of our knowledge everyone has had safe travels and are back home again, looking forward to a new year.

Last month we had the pleasure of attending the Shire Birthday in the Shire of Cote du Ciel. It was a great day, with a lot of activities, and finished with one of the best feasts we've had the pleasure of eating. Mâtè and his kitchen staff deserve all the praise they received and more.

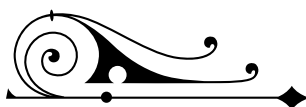
Our own Solstice Court was, once again, the highlight of our year. Even with the spacious site, the overwhelming attendance filled the space. The musician's guild provided music throughout the day which greatly enhanced the atmosphere for the day. As expected the Courts occupied a big part of the day

and we hope they were informative and entertaining as well. It was very gratifying to see so many of our barony and neighboring groups gather together for the last event of the year. The day was topped off with a fantastic feast, which earned the feast steward, HE Shaleigh, a standing ovation.

We are looking forward to attending Twelfth Night in the Barony of Gryphon's Lair next week and welcoming the newest Baron and Baroness of Gryphon's Lair to their thrones.

As always we wish to thank our retinue and officers for the tremendous efforts they have put forth over the last several months to make our time as Baron and Baroness so enjoyable and give us the chance to represent the Crown and our populace.

***Bjorn Hrafnsson and Jennet Moir de Brechin***  
**Baron and Baroness of Loch-Salann**





## SENESCHAL

Greetings unto the Populace of the most ancient and glorious Barony of Loch Salann, here are the words of your Seneschal.

Another year has passed, and before us stands a bright future. Countless thanks go out to those who made Solstice Court a great and amazing event. Sir Raven put on an excellent event, and Her Excellency Sheelaegh cooked up a magnificent feast. Our thanks goes out to all who helped set up, take down, clean, and who worked hard to make the event special.

Reports from our lakeshore outposts report dark news. It seems our long-time nemesis, yes even that dreaded decapod that inhabits the depths of the lake has begun to stir from his long slumber. It is therefore time to hone your blades, and sharpen your skills, for our annual Defender's Tournament is drawing near. It will be held March 9th 2013. Lady Aingeal has offered to Autocrat the event, along with Lady Ethnay. His Grace Sir Sean will be preparing the feast of Celebration. We encourage you all to stay tuned for more information on the event.

On a lighter note a new year means that the camping season is on the way! And what better way to celebrate than some melees! Melee Madness will be held June 1st. Again more details to come.

I would like to take a moment to thank all of the officers and autocrats of the Barony. They work countless hours behind the scenes to make this barony run smoothly and well. All of this would not happen if it were not for them.

They have my undying gratitude. Thank you all.

All of our baronial offices currently have officers, but we do have some deputy positions available. If you have ever considered serving the Barony in any capacity, but did not know where to start, being a deputy of any office is a great way to learn. Contact myself, HE Mac Con, or the current officer, for more information on any of the deputy positions you are interested in.

Our weekly fighter practice is at our winter location in the warehouse behind the Zions bank building on 1635 S Redwood Rd. Parking is slightly limited near the door, so car pool if possible. Please do not block the ATM machine or the night drop box. Archery Practice is at the winter site at Salt Lake Archery in Sugarhouse (1130 Wilmington Ave, just west of Sugarhouse Park). The times will not change.

*Lord Takeyama Nakayoshi*

**Seneschal – Barony of Loch-Salann**



## CHRONICLER

Greetings and Happy New Year to the great Barony of Loch Salann.

As always I am looking for feedback on how I can improve your newsletter reading experience. If you have any comments, concerns or ideas regarding the Quill please send them to me at [foilrose7@gmail.com](mailto:foilrose7@gmail.com).

*- Jevan Goedwen*

**Chronicler – Barony of Loch Salann**





## MINISTER OF ARTS AND SCIENCES

Greetings!! With the holidays slipping by I want to express gratitude for the support and guidance I have received while taking this office. It has been overwhelming, and I am so blessed to have you all.

December has brought a resurgence in the guild meetings, and January promises to yield more participation. It is at this time I wish to thank each and every guild leader for setting up meetings, talking to the populace about what you do and your passion and being so willing to share your time and talents. And, a big thank you to all those who choose to attend these gatherings and learn from these gifted leaders.

Please see the Guild Information section at the end of the newsletter for additional information on times and dates of upcoming meetings. Also, check the Loch Salann Arts & Sciences page on Facebook, and on the Baronial website for the dates and times of upcoming Arts & Sciences gatherings. If you are interested in sharing your talents and experience with members of the Barony, we would love to have you teach or share at an Arts & Sciences meeting.

Don't forget about the Baronial Arts & Sciences Competition at Defender's in March. Mistress Leah will pass on the Championship Regalia to the new champion. If you need any assistance or have questions about your entries, please contact me. If I can't help, I will find someone who can. We have wonderful resources in this Barony, and in the Kingdom.

Our December A&S meeting was held in conjunction with the Brewer's Guild meeting. Everyone had a great time and HE Ryryd instructed us on the creation and bottling of hard cider.

It is my wish for a happy and prosperous new year to you all, and as we all look forward to 2013, may it bring you what is important in your life. For Bran and I, we are blessed to have such wonderful family and friends.

Yours In Service,

- *Winifred de Whitehorse*

**Minister of Arts & Sciences – Barony of Loch Salann**

HEADRY  
NEW  
YEAR

# Upcoming Baronial Events



## DEFENDERS TOURNEY

*March 9, 2013*

*Details Coming Soon*

## SOUTHERN COLLEGIUM

*April 13, 2013*

*Details Coming Soon*

## MELEE MADNESS

*June 1, 2013*

*Details Coming Soon*

## Casamira's Corner

*The Pun is Mightier Than the Sword!*



The Institute of Paranomasial Research announced today that they have isolated the cause of severe Paranornasia. Paranomasia, the often debilitating condition which causes unusual misuse of the English language, is found in 'less than 1% of the population. An Institute spokesman stated, "We have long sought the cause of this propensity to producing a prolific plethora of puns. Paranomasia is caused by the newly discovered hormone Punosterone. Punosterone is secreted by two small, previously undiscovered glands, which are located at the lower end of the humerus in the area commonly known as the funny bone." The glands have been named GROANADS. Doctors are now searching for a way to disable these glands and render the condition impotent.

By: Mistress Casamira Jawjalny, OL, OP, GA



# Upcoming Kingdom Events

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## 12TH NIGHT CELEBRATION

*January 12, 2013*

Light a candle and greet the new calendar as we host the 30th Anniversary of this wondrous event here in our Shire. Indoor combat aplenty will decide the new champions for the year ahead in both the armored and rapier arenas. We will also have a new Bardic champion chosen during dinner. Activities will include heraldry, games and classes for children and adults, and socializing with new and old friends from near and far. We will be graced with the presence of Crown Prince Daman and Crown Princess Veronique, who may ask for Court time at their leisure.

**Additional event details can be found online at:** <http://www.bronzehelm.org/page4.php>



## FAREWELL TO ARMS

*January 19, 2013*

We welcome everyone to join us in a midwinter celebration. We are planning welcome diversions from the trials and hardships of the evil Artemisian Winter. For our artisans their will be a competition of the arts and sciences to determine Their Excellencies new A&S Champion. In addition, a rapier tournament will be held to determine the new Captain of Her Excellency's Rapier Guard. The existing captain has been moving slow, so it fairs a good time to replace him with someone more deadly. The format for the tourney will be announced at the tournament (so polish all your rapier techniques). With an eye to the future Their Excellencies will also be searching for their Youth Combat Champion.

**Additional event details can be found online at:** [http://www.barony1000eyes.org/Baronial\\_AnS/Farewell.aspx](http://www.barony1000eyes.org/Baronial_AnS/Farewell.aspx)



# Thyme in the Kitchen

Greetings,

I have been asked if I would like to submit a recipe or two each month for the Quill. Since I love cooking and truly enjoy the research that comes with trying to maintain a period dish, I jumped at the opportunity. So welcome to my little corner of the Quill called "Thyme in the Kitchen". The following recipe is the Beef Florentine Dish I made for Solstice Court Feast. I substituted the red wine for red grape juice because there was no alcohol allowed on site. I did use the verjuice (thanks to HE Casamira and THL Hilde). I have attached the recipe for verjuice that I have found, for those wishing to make some. I have discovered that verjuice is called for in several recipes that I have come upon. So I hope you enjoy the recipes I have chosen to share with everyone. Feel free to ask questions or comment on what you read.

Respectfully in Service - *Baroness Sheelaegh*

## Florentine-Style Meat in a Baking Dish

1/2- 3/4 onion	1/4 tsp. salt
1/8 cup prunes	1 tsp sugar
1/8 cup raisins	pinch saffron
1/2 tsp. pepper	1/8 cup water
1/4 tsp. cinnamon	1/4 cup red wine
3 whole cloves	1/4 cup verjuice

2-4 lbs. beef sirloin roast, cut into fist size pieces

Lay meat in a baking dish. Cover with fruit, salt, and liquids. The liquids should be no more than a finger's-width deep in the dish. Put in the oven at 350 degrees. When the meat is half cooked (about 20-30 minutes) flip the meat over and add spices and sugar. Cook another 20-30 minutes, or until completely cooked.

### ORIGINAL RECIPE:

[*The Neapolitan Recipe Collection, Terence Scully (trans.)*]: *Florentine-Style Meat in a Baking Dish*:

Get veal or another meat with the bone, cut it into the pieces as small as a fist, and put them into a baking dish with a little water, a beaker of wine and another of good verjuice; if you master likes, add in a few slices of onion or, should he not like onions, use parsley, the root that is along with raisins, dried prunes, and salt; cover the meat by no more than a finger of water, and set it in the oven; when it looks half done, add a few cloves, a good lot of cinnamon, pepper and a good lot of saffron let it taste of pepper; when it is half cooked, turn it over; then take it out onto a plate with the spices and sugar on top, or else leave it in the baking dish. You can do the same with fish that is, grey mullet or ells cut into pieces four fingers in width, washed well and put into a baking dish with a little oil. Note that you can make these things sweet or tart according to our master's taste.

### WHAT IS VERJUICE?

Verjuice is a seasoning made by pressing unripe fruit. It has a very tart flavor thanks to a high acid content and it can be used like vinegar or lemon juice in a variety of recipes.

Traditionally, verjuice is made from unripened grapes, and many definitions describe it as being made from grapes, but it can also be made from apples and other fruits. If a recipe calls for verjuice and none is available, people can use other tart ingredients as a substitute.

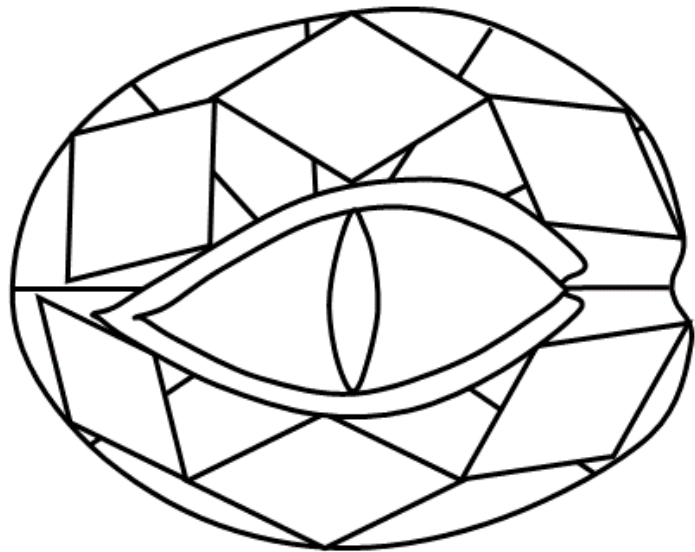
This seasoning became extremely popular during the medieval era, and was seen in numerous recipes during this period. Unlike lemon juice and vinegar, it will not alter the perception of flavors in the wines served with food.

# Dragon Word Search

S F M I S Q M P M S T E R L K F T K W A  
Z I R E G L Y W O A C Y Z I K C A I O N  
N R X Y N S T M M W G A O A I Q N R O A  
Q E L Y A D H Y R A E I L T L G D N P S  
N C W C F N I B K O P R C E S B G P T U  
U G H E X E C K Q A Y N F A S U J W K O  
W H P V U G A N O G A R D U L H O K B X  
P P N J U E L T N E P R E S L R R E B B  
S P E E D L C L A W S G S U Y N B K L O  
Y I J S W J S T R E N G T H W P Z W C C

claws  
dragon  
fangs  
fire  
legends  
magical  
mythical  
powerful  
scales  
serpent

speed  
strength  
tail  
wings



# Arts & Sciences Night and Other Classes



## ARTS & SCIENCES NIGHT

I know that notice is a little short for this one, and I apologize for that. I just confirmed the date and time.

We are going to be making cordials. Not just any cordials, but Casamira Cordials for January's Arts & Sciences Night.

This class will be next Friday, January 11, 2011 beginning at 6:30 p.m. at the home of Bran and Winifred (text me if you need my address -- 801-550-0464). Mistress Casamira will be teaching us the art and the science of making fruit cordials.

There will be supplies on hand, which will include two or three kinds of fruit, plus the other ingredients. If you would like to participate in the making of the cordials and taking some home for yourself, please bring a bottle (quart sized mason jar style with lid—mayonnaise jar works well). We will ask for a small donation to help cover the cost of the supplies.

I have been looking forward to learning how to make cordials, so I'm very excited to for this class.

Come share in the fun. I'm sure there will be tasting involved (You must be 21 to participate).

Please RSVP so I can get a head count. There will be snacks.

Look forward to seeing you all there.

- *Winifred de Whitehorse*

801-550-0464 - [Winifred.whitehorse@gmail.com](mailto:Winifred.whitehorse@gmail.com)

## CALLIGRAPHY CLASSES

If you are interested in learning calligraphy, I'm willing to teach on Monday nights this winter. I will commit to the following dates:

- Jan 7, 14 and 28th
- Feb 4 and 25
- Mar 11 and 25

**Location:** *Casamira's Castle*

10083 S Heytesbury Ln (1750 East), Sandy, UT

Classes will start at 6:30 and end at 9:30 PM, although whenever you arrive is fine. Loaner supplies will be available for use during class, or you may bring whatever supplies you have.

Please RSVP if you will be attending – this way if no one shows up, I can do other things. Leave me a voicemail at 801-572-6458.

Yours in Service,

- *Baroness Casamira*



## ARCHERY

Archery Practice is held every Thursday from 6:00 PM until approximately 9:00 PM. Join the archers of Loch Salann as they hone their skill with bow and arrow. The Barony has loaner gear for the use of newcomers. We are currently at our indoor location at Salt Lake Archery, 1130 Wilmington Avenue. The cost is \$6 per week.

Check out the Loch Salann Archery facebook page for updates and weekly shoot information. <https://www.facebook.com/groups/258853954213137/> Or contact Lady Aingeal, Captain of the Archers, 801-633-8908 or by email at [aegthelionswife@gmail.com](mailto:aegthelionswife@gmail.com).

## ARTS & SCIENCES – MONTHLY (WORKING ON REGULAR DATE)

January's monthly Arts & Sciences meeting will be held at a weekly fighter practice. The time and date will be announced on the Barony of Loch Salann Arts & Sciences Facebook page and on the Baronial Website.

Contact information for Winifred de Whitehorse 801-550-0464 or by email at [Winifred.whitehorse@gmail.com](mailto:Winifred.whitehorse@gmail.com).

## BARONIAL BARDIC CIRCLE

The Bardic Circle is on hiatus until January. Lawrence Bacon, Baronial Bard of Loch Salann, will meet and help those interested in the Bardic Arts. Call or email him for additional information [Christopher.alderman@gmail.com](mailto:Christopher.alderman@gmail.com) or 801-673-3478 (no calls after 9).

## BREWER'S GUILD

The Brewer's Guild will hold meetings approximately every six weeks. Announcements will be made on Facebook pages and on the Baronial Website. The meetings will be held on Friday evenings and will be at the home of HE Ryryd or HL Dunkr. For more information please contact HE Ryryd ap Gwerstan by email [rcfaevans@comcast.net](mailto:rcfaevans@comcast.net) or by phone 801-706-0075 (no calls after 9, please).

## COOK'S GUILD

The combined November/December Cook's Guild met on November 27 at the home of Lord Vogg in West Jordan. The next Cook's Guild will be the 4th Tuesday in January. Please contact Mistress Casamira by email at [jeannecas@gmail.com](mailto:jeannecas@gmail.com) or by phone 801-572-6458 (speak to the Machine) if you have questions.

## FIGHTER PRACTICE

Fighter Practice is held every Wednesday from 7:00 p.m. until approximately 9:00 p.m. We are now at our winter, indoor location at Zion's Bank on Redwood Road, Salt Lake City. Come watch the heavy weapons and rapier fighters. Loaner gear is available. If you have questions, contact the Knight Marshall, Markos Armenios by email at [markwandrews@comcast.net](mailto:markwandrews@comcast.net) or by phone at 801-673-9558 (no calls after 9, please).

## GARDENING GUILD

The Gardening Guild is currently on hiatus for the winter months. Come spring, they plan to resume their meetings on the Third Sunday of the month. Contact Her Excellency Mistress Jerilyn of Vert Silva (Jeri Foster) [jofvertsilva@yahoo.com](mailto:jofvertsilva@yahoo.com) for more information.

## MIDDLE EASTERN DANCE AND DRUMMER'S GUILD

The Dance and Drummer's Guild is currently on hiatus. Announcements will be made when they resume in the spring. Contact Lady Zafirah: 801-971-2308 or [zemlar@yahoo.com](mailto:zemlar@yahoo.com) for additional information or changes.

## MUSICIAN'S GUILD

The Musician's Guild continues to meet on Thursday evenings at either the home of Mistress Anne de Junius or Mistress Mary Amanda.

For question about your instrument or the activities of the guild, please contact Mistress Anne. If you can't meet for practice, your musical talents are still most welcome at events. Contacts: Mistress Anne de Junius -- (801) 466-7300

## NEEDLEWORKER'S GUILD

The Needleworker's Guild meets will be meeting only on the Second Tuesday of the Month. Contact THL Bethoc by email at [leishman10@msn.com](mailto:leishman10@msn.com) or by phone 801-322-4984 for more information. If you are interested in embroidery and needlework, this is a wonderful place to learn, talk to other people about projects and spend some time perfecting your needlework skills. Anyone interested in the Needleworker's Guild may visit our blog at: <http://blsng.wordpress.com/>

## THROWN WEAPONS

Thrown Weapons is on hiatus for the winter. Information will be posted when practice resumes. Thank you for all those who participated and attended throughout the season. If you have questions, or need additional information, contact Lord Rashied al Wahiel by email at [Mtm021053@aol.com](mailto:Mtm021053@aol.com) or by phone at 801-243-4663.



# Contact Information



## WEBSITES

Barony of Loch Salann: <http://www.loch-salann.org>

Kingdom of Artemisia: <http://www.artemisia.sca.org>

Official SCA homepage: <http://www.sca.org>

## BARON AND BARONESS

Baron Bjorn Hrafnsson and Baroness Jennet Moir de Brechin, 435- 882-0790 (please, no calls after 9PM)

[otterness@altamistalpacas.com](mailto:otterness@altamistalpacas.com)

## GUILDS

### Armories:

Sir Raven / M'Lord Enoch, 801-232-1616

### Brewers' Guild:

Master Ryryd ap Gwerstan, 801-706-0075

### Cooks' Guild:

Mistress Casamira, 801-572-6458

### Musicians' Guild:

Mistress Anne de Junius, 801-466-7300

### Needleworkers' Guild:

THL Bethoc, 801-322-4984

### MidEast Dance & Drum:

Lady Zafirah Bint Al Riyah, 801-971-2308

### Gardening Guild:

HE Jerilyn of Vert Silva, [jofvertsilva@yahoo.com](mailto:jofvertsilva@yahoo.com)

## OFFICERS

### Seneschal

*Lord Takeyama Nakayoshi*

[falconertomt@gmail.com](mailto:falconertomt@gmail.com)

**Deputy:** His Excellency Mac Con mac Rodain

[targue@gmail.com](mailto:targue@gmail.com)

### Arts and Sciences

*Lady Winifred de Whitehorse*

[winifred.whitehorse@gmail.com](mailto:winifred.whitehorse@gmail.com)

**Deputy:** Lady Helchen the Rogue of Capua

[Helchen.the.rogue@gmail.com](mailto:Helchen.the.rogue@gmail.com)

**Deputy:** Lady Phaelaine Ellwoode

[Angry\\_redhead01@hotmail.com](mailto:Angry_redhead01@hotmail.com)

### Captain of Archers

*Lady Aingeal Inghean Garaidh*

801-633-8908, [AStephens@nelsonlabs.com](mailto:AStephens@nelsonlabs.com)

**Deputy:** Lord Brokha Veis

[Leishman10@msn.com](mailto:Leishman10@msn.com)

**Deputy:** Lord Bran Ewebank

[Bran.Ewebank@gmail.com](mailto:Bran.Ewebank@gmail.com)

**Deputy:** Jevan Goedwen

[foilrose7@gmail.com](mailto:foilrose7@gmail.com)

### Chatelaine

*Viscountess Vigdis Hakondottir*

916-599-1433 (No calls after 8 pm, please)

[Mellane30@gmail.com](mailto:Mellane30@gmail.com)

**Deputy:** Lord Aeylwin de Spencer

[albertwise@hotmail.com](mailto:albertwise@hotmail.com)

**Deputy:** Eithne na Teamhair

[rose@whitewingphotography.com](mailto:rose@whitewingphotography.com)

### Chirurgeon

*Lord Douglas Sutherland*

801-280-5445, [amadiod@comcast.net](mailto:amadiod@comcast.net)

**Deputy:** Duchess Tianna NiCoiman

[Nikkipothead@hotmail.com](mailto:Nikkipothead@hotmail.com)



# Contact Information



## Chronicler

*Jevan Goedwen*

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**Deputy:** Meical ap Gwaredd

[Browncoat\\_7@msn.com](mailto:Browncoat_7@msn.com)

## Exchequer

*Lord Tighearnan mag Cenndrighan*

801-696-2365 (no calls after 9 PM)

[tighearnansca@gmail.com](mailto:tighearnansca@gmail.com)

**Deputy:** Her Excellency Anna de Brabant

[rcfaevans@comcast.net](mailto:rcfaevans@comcast.net)

## Herald

*Lady Oonaugh Inghean Glaisne*

801-898-7829, [rps0602@comcast.net](mailto:rps0602@comcast.net)

**Deputy:** Lord Bjarki Hvitabjarnarson

[blsherald@inbox.com](mailto:blsherald@inbox.com)

## Knight Marshal

*Lord Markos Armenios*

801-673-0558, [markwandrews@comcast.net](mailto:markwandrews@comcast.net)

**Deputy:** Sir Robert le Raven MacLeod

[RavenMacleod@comcast.net](mailto:RavenMacleod@comcast.net)

**Deputy:** Lord Tighearnan mag Cenndrighan

[tighearnansca@gmail.com](mailto:tighearnansca@gmail.com)

## List Minister

*Lady Badahschia*

801-658-9590, [jayde\\_dragyn@yahoo.com](mailto:jayde_dragyn@yahoo.com)

**Deputy:** Vacant

## Rapier Marshal

*Lord Lawrence Bacon*

801-673-3478, [Christopher.alderman@gmail.com](mailto:Christopher.alderman@gmail.com)

**Deputy:** Vacant

## Quartermaster

*Juan Sebastian*

810-969-5056, [Jon.gaffney07@gmail.com](mailto:Jon.gaffney07@gmail.com)

**Deputy:** Vacant

## Sheriff

*Lord Vincenzo Del'Aquila*

801-864-2771, [Rodhansen68@yahoo.com](mailto:Rodhansen68@yahoo.com)

**Deputy:** Enoch

## Thrown Weapons Captain

*Lord Rashied al Wahiel*

801-243-4663, [Mtm021053@aol.com](mailto:Mtm021053@aol.com)

**Deputy:** Lord Ragnarr Rodsteinn

801-255-0622

## Webminister

*Her Excellency Jerilyn of Vert Silva*

[jofvertsilva@yahoo.com](mailto:jofvertsilva@yahoo.com)

**Deputy:** Vacant

## Youth Officer

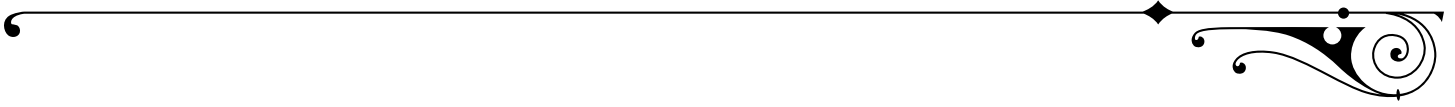
*Lady Monica de Chocolat*

801-231-7926, [dturney@sisna.com](mailto:dturney@sisna.com)

**Deputy:** Arianna Rhosyn

[lbanderson516@gmail.com](mailto:lbanderson516@gmail.com)

**Out of respect for all of our officers, Please, no phone calls after 9:00 p.m. - Thank you!**



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Submissions are not only welcome, they are encouraged! Be a part of the newsletter, reach the people, share your knowledge and wisdom.

Please send all submissions to the Chronicler Jevan Goedwen at [foilrose7@gmail.com](mailto:foilrose7@gmail.com). Please include Questing Quill in the subject line. Submissions must be received by the 27th of each month to guarantee they will appear in the following month's issue.

